

SIXTH SUNDAY IN ORDINARY TIME February 17, 2019



Mon Feb 18		Sat Feb 23	
8:00 am	<i>Pro Populo</i>	4:30 pm	+Domenico Maraio (Family) +Valerie Lockyer Halley (Family) +Thelma Gracious (Gail DSouza & Family)
Wed Feb 20		Sun Feb 24	
8:00 am	+Pietro Latino (Karena Schneider)	9:00 am	+Manuel & +Glen Marques (Maria Caronchia) +Antonio Cirelli (Emma Cirelli & Family) +RosaMaria Cirelli (Emma Cirelli)
Thurs Feb 21			
8:00 am	<i>Pro Populo</i>		
Fri Feb 22		11:00 am	
8:00 am	<i>Terminally ill</i>		+AB Laffradi (Family) +Filomena Nait (Grazia Cascioli) +Elvira Sotelo (Family) +David Furtado (Maria Botelho)
Sat Feb 23			
8:00 am	<i>FOR THE UNBORN</i>		



**The Sanctuary Lamp burns for 7 days
in memory of Gregory Ritchie**



ASH WEDNESDAY – MARCH 6TH

Masses will be celebrated at 8:00 a.m. & 7:30 p.m., ashes will be distributed at both masses. **March 6th is the day of fasting and abstinence.**

Stations of the Cross will be held every Friday beginning **Friday March 8th** until **Friday April 12th** at 7:00 p.m.

DAYS OF PENANCE DURING LENT – The time of Lent and all Fridays of the year are, throughout the universal Church, day and times especially appropriate for spiritual exercises; penitential liturgies; pilgrimages as signs of penance; voluntary self-denial, such as fasting and almsgiving. Abstinence from meat (or some other food) or another penitential practice, according to the prescriptions of the conference of bishops, is to be observed on each Friday of the year unless it is a solemnity. Fast and abstinence from meat are to be observed on Ash Wednesday and on Good Friday. All persons who have completed their fourteenth year are bound by the law of abstinence. All adults (eighteen years or older) are bound by the law of fast up to the beginning of their sixtieth year. Pastors and parents are to see to it that minors who are not bound by a law of fast or abstinence are educated nevertheless in an authentic sense of penance. It is for the conference of bishops to determine more precisely the observances of fast and abstinence and to substitute in whole or in part for fast or abstinence other forms of penance, especially works of charity and exercises of piety and missionary works.

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HONORING GOD'S CREATION: Go Vegan For Lent!

The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. Isaiah 11:6

Starting Sunday afternoons: Feb 17 - April 14

3:00 p.m. to 4:45 p.m. in the parish hall

Except for Sunday March 3rd session will be held on Feb 28 at 7:00 p.m.

The season of Lent is around the corner starting March 6th so Go Vegan for Lent! It is the easiest way for Christians to honor God's creation! In order to help you on your journey of Going Vegan for Lent join us for a documentary-discussion series email or call the office if you plan to attend. rose@stambroseparish.com or stambrose.office@gmail.com 416-251-8282

Part I: Faith

Feb 17 *Food in the Bible & Honouring God's Creation*

Part II: Food in the Modern World

Feb 24 *Food Inc.*

Part III: Health

*Thurs Feb 28 *Forks Over Knives*

Mar 10 *What the Health*

Part IV: Health Care

Mar 17 *Plant Pure Nation*

Part V: Animals and Factory Farming

Mar 24 *Dominion*

Part VI: Environment/Creation

Mar 31 *Cowspiracy*

Part VII: The Journey Home

Apr 7 *Peaceable Kingdom*

Part VIII: Conclusion

Apr 14 ***Plant-Based Food Potluck***



St. Ambrose **FORMED**

FORMED on Demand is the revolutionary digital platform that gives you unprecedented access to video-based study programs, feature films, audio presentations, and eBooks from the

Church's foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, FORMED helps you reach your flock anytime, anywhere. To register please enter www.stambroseparish.formed.org. Do not sign up as individual.



MINISTRY OF HOSPITALITY: GREETERS AND USHERS

St. Ambrose is looking for volunteers for our new **Ministry as Greeters.**

The role of a greeter is one of offering a warm, friendly welcoming presence to those coming to worship and answering any questions they have regarding the liturgy or the parish. A greeter must also be familiar with current events with the parish and arrive 15 minutes before mass. If you would like to be part of this ministry please email or call the office.

Ushers Needed! The role of an usher is to welcome parishioners and visitors to our church. They will select families to bring the offertory gifts, assist with the collection, hand out bulletins and willing to tidy up church after mass. If you are interested in joining our team of Ushers, please email or call the office.