

# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



## Mission Statement:

*In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.*

- St. Ambrose

## MASS TIMES

Sunday Liturgy  
Saturday (Vigil) 4:30 pm  
Family Mass with Youth Choir  
Sunday 9:00 am Cantor & Organ  
11:00 am Choir & Organ

**Daily Mass**  
Monday-Friday 8:00 am (no Mass Tuesdays)

**Devotions**  
Holy Hour Eucharistic Adoration  
First Friday 8:30 am - 9:30 am  
"Can you not watch an hour with me?" Matthew 26:40  
Holy Rosary Monday - Saturday 7:30 am  
Divine Mercy Chaplet Monday - Saturday 8:30 am  
Devotion to Our Lady of Perpetual Help  
Wednesdays 8:45 am

## BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

## PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

**Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm  
Closed Tues, Sat, Sun

## New Parishioners

Welcome! To register please call the office or email [rose@stambroseparish.com](mailto:rose@stambroseparish.com).

## SACRAMENTS

### Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

### Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

### Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

## PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



# TWELFTH SUNDAY IN ORDINARY TIME June 20, 2021



<i>Mon Jun 21</i>		<i>Sat Jun 26</i>	
<i>8:00 am</i>	<b>For the Unborn</b>	<i>4:30 pm</i>	<b>+Pietro Fuoco (Family)</b>
			<b>+Antonio Falcone (Carmela Capobianco &amp; Immacolata Falcone)</b>
<i>Wed Jun 23</i>		<i>Sun Jun 27</i>	
<i>8:00 am</i>	<b>For the Poor</b>	<i>9:00 am</i>	<b>+Ernesto Bucciante (Tony &amp; Ida Paolucci &amp; Family)</b>
			<b>+Pavel, +Stefania &amp; +Anna Pavlovski</b>
<i>Thurs Jun 24</i>			<b>+Jan &amp; +Teresa Sitarski (Jack &amp; Kristina Sitarski)</b>
<i>8:00 am</i>	<b>+James Bridel (Theresa Bridel) Xyrtzl &amp; Yazmine DeBlois (Betty DeBlois &amp; Family)</b>	<i>11:00 am</i>	<b>+Delfino Rossetti (Patti DeAngelis)</b>
<i>Fri Jun 25</i>			<b>+Maximino &amp; +Pedro Picio (Lupe Picio &amp; Family)</b>
<i>8:00 am</i>	<b>Pro Populo</b>		<b>+Ildina Galati-Ferrante</b>
			<b>+Ilda Scarlato (Lisa Kamrath)</b>
			<b>In honour of St Anthony (Ida Falcone)</b>



## Twelfth Sunday in Ordinary Time - June 20, 2021

Jesus brought peace to the wind and the sea. "Peace! Be still!" Many are searching for this peace and need your help to find Jesus. Would you be willing to proclaim the truth of God's love and presence in your life as a priest, religious or permanent deacon? If you think God is calling you, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at **416-968-0997**. Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)



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## HAPPY FATHER'S DAY

Let us offer prayers this weekend for all the father's in our parish community, that they may follow the example of St. Joseph in caring for and loving their children. May God bless you! *Fr. Donatello Iocco*





## **Ideas for a Delicious Plant-Based Meal** **Vegan Tuna Salad Sandwich**

### **Ingredients**

1 15-ounce can chickpeas (1 1/2 cups), drained and rinsed

1/4 medium red bell pepper, diced

1/4 large carrot, diced

1/2 large stalk celery, diced

1/3 cup vegan mayonnaise

1/4 teaspoon garlic powder

1/4 teaspoon black pepper

1/8 teaspoon salt

Dash cayenne pepper

1/2 nori sheet

6 slices whole grain or gluten-free bread, toasted

For serving: lettuce, tomato, pickled vegetables, vegan cheese

### **Instructions**

To a large bowl, add chickpeas. Mash with a fork until smooth, leaving a bit of texture. Add bell pepper, carrot, celery, mayonnaise, garlic powder, pepper, salt, and cayenne pepper. Stir until well combined.

Crumble the nori sheet with your hands into the bowl; it should be small, rice-sized pieces. Stir to incorporate.

Serve on toast with desired sandwich toppings.

**How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**



## **CATHOLIC FAMILY SERVICES**

**New Beginnings Presents: Online Separated/Divorced**

**Introductory Program, Start date & time:** Thursday, July 8, 2021 @ 7:00

pm **Total cost:** no charge **Contact:** For more information and to register please contact: Arcangelo Limanni, MRE (416) 921-1163 ext. 2225

**[alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com)**

**New Beginnings Presents: Online Bereavement Introductory Program,**

**Start date & time:** Wednesday, July 7, 2021 @ 7:00 pm **Total cost:** no

charge, **Contact:** For more information and to register please contact: Arcangelo Limanni, MRE (416) 921-1163 ext. 2225 **[alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com)**



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