# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



#### MASS TIMES

Sunday Liturgy				
Saturday (Vigil)	4:30 pm			
	Family Mass with Youth Choir			
Sunday	9:00 am	Cantor & Organ		
	11:00 am	Choir & Organ		
Daily Mass				
Monday-Friday	8:00 am (no Mass Tuesdays)			
Devotions				

Holy Hour Eucharistic Adoration First Friday 8:30 am - 9:30 am "Can you not watch an hour with me?" Matthew 26:40 Holy Rosary Monday - Saturday 7:30 am Divine Mercy Chaplet Monday - Saturday 8:30 am Devotion to Our Lady of Perpetual Help Wednesdays 8:45 am

#### **BECOME A FRIENDLY VISITOR!**

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

#### PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries. **Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm Closed Tues, Sat, Sun

#### **New Parishioners**

Welcome! To register please call the office or email rose@stambroseparish.com.

#### **Mission Statement:**

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

#### - St. Ambrose

#### SACRAMENTS

**Reconciliation** Saturday: 3:45-4:15 pm (or by appointment)

#### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

#### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

# Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

#### **Religious Instruction**

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

#### PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!

**782 Brown's Line, Toronto ON M8W 3W2 • Phone:** 416-251-8282 **Fax:** 416-251-4400 **Website:** www.stambroseparish.com **E-mail:** rose@stambroseparish.com, stambrose.office@gmail.com



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### FIFTEENTH SUNDAY IN ORDINARY TIME July 11, 2021

MASS INTENTIONS	5

Mon Jul 12		Sat Jul 17	
8:00 am	For the Lonely & Afraid	4:30 pm	+Edmund Chinnery (Gail DSouza &
			Family)
			+Biolante Marra (Family)
Wed Jul 14			+Antonio De Palma (Family)
8:00 am	+Buenaventura & +Carmelita Bernardo		
	(Betty DeBlois & Family)		
		Sun Jul 18	
Thurs Jul 15		9:00 am	+Pavel, +Stefania & +Anna
8:00 am	+Giacomo & +Angela Farace (Tony &		Pavlovski (Christina & Jack Sitarski)
	Rosina Farace)		+Jan & +Teresa Sitarski (""")
Fri Jul 16			+Silvio Paoletta (Carmela Paoletta &
8:00 am	+Giuseppe & +Maria Farace (Tony &		Family)
	Rosina Farace)		
		11:00 am	+Ildina Galati-Ferrante
			+IIda Scarlato (Lisa Kamrath)



### WE WELCOME INTO OUR CHRISTIAN FAMILY

Noemi Marie Filice daughter of Franco & Loredana



#### The Sanctuary Lamp burns for 7 days in memory of Gus Rinella



#### Fifteenth Sunday in Ordinary Time - July 11, 2021

In today's first reading Amos says he did not choose to be a prophet; God selected him. Maybe God is asking you to consider what you are doing at this time and perhaps begin the special work He has for you. If you feel God may be selecting you for the special life of priest, religious or deacon, call **Fr. Matt** McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email: vocations@archtoronto.org www.vocationstoronto.ca



## ST. AMBROSE FORMED

**FORMED** on Demand is the revolutionary digital platform that gives you unprecedented access to video-based study programs, feature films, audio presentations and eBooks

from the Church's foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, *FORMED* helps you reach your flock anytime, anywhere. To register please enter <u>www.stambroseparish.formed.org</u> or go to our website.



# Ideas for a Delicious Plant-Based Meal Rigatoni Pasta with Red Peppers & Sausage

#### <u>Ingredients</u>

2 tbsp. olive oil

2 sliced vegan sausages

2 red bell peppers, thinly sliced into strips

- 2 medium sweet onions, thinly sliced
- 4 garlic cloves, minced

3/4 tsp. dried oregano

1/2 cup chopped fresh basil

2 tbsp. tomato paste

1/2 cup red wine

1 (14.5oz.) can diced tomatoes

1/4 tsp. red pepper flakes

1 pound rigatoni, whole wheat or gluten-free if preferred

#### Instructions

In a large skillet, add the oil and heat over medium high heat.

Add the sliced sausages and brown on both sides until crispy, about 2-3 minutes. Remove the sausages from the pan and set aside.

Add the bell peppers, onions, and pinch of salt and black pepper. Cook until soft and golden, about 5 minutes.

Add the garlic, oregano, and fresh basil and cook for another 3 minutes.

Add the tomato paste and stir until incorporated, then add the wine, tomatoes with juice, and red pepper flakes.

Stir to combine, scraping any of the sausage bits off.

Add the reserved sausages and bring the sauce to a simmer for 20 minutes, uncovered.

While the sausage is cooking, bring a large pot of salted water to a boil and cook the rigatoni until just al dente.

Drain the pasta and add to the sauce after 20 minutes, adding a bit of pasta water to thin out if needed. Serve and garnish with additional basil, if desired. Serves 6 people.

# How to Go Vegan? The Best resources for Fun and Easy Transition: <u>https://www.kinderworld.org/how-to-go-vegan/</u>



#### MAGNIFICAT - A Ministry to Catholic Women

Please join us for this LIVE webinar: A Magnificat – Life in the Spirit Seminar sponsored by Magnificat. Open to everyone and is free of charge. Registration required. The six live weekly sessions will be held on **Thursdays at 7 pm: starting August 12 through** 

September 16, 2021. For more information and to register, go onto this link: <u>https://conta.cc/3hykzBk</u> Also available for purchase on the Registration page are the *Come, Holy Spirit! Come!* Journal (\$10) and Magnificat Pen (\$1). There is no charge for you to attend but there was a cost to produce – if you would like to make a love offering to help offset production costs, click on the DONATE button when you register.



