

# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



## Mission Statement:

*In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.*

- St. Ambrose

## MASS TIMES

Sunday Liturgy  
Saturday (Vigil) 4:30 pm  
Family Mass with Youth Choir  
Sunday 9:00 am Cantor & Organ  
11:00 am Choir & Organ

### Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

### Devotions

Holy Hour Eucharistic Adoration  
First Friday 8:30 am - 9:30 am  
"Can you not watch an hour with me?" Matthew 26:40  
Holy Rosary Monday - Saturday 7:30 am  
Divine Mercy Chaplet Monday - Saturday 8:30 am  
Devotion to Our Lady of Perpetual Help  
Wednesdays 8:45 am

## BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

## PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

**Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm  
Closed Tues, Sat, Sun

### New Parishioners

Welcome! To register please call the office or email [rose@stambroseparish.com](mailto:rose@stambroseparish.com).

## SACRAMENTS

### Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

### Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

### Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

## PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



# EIGHTEENTH SUNDAY IN ORDINARY TIME August 1, 2021

## MASS INTENTIONS

<i>Mon Aug 2</i>		<i>Sat Aug 7</i>	
<i>8:00 am</i>	<i>Isagani &amp; Lily Umali (Betty DeBlois)</i>	<i>4:30 pm</i>	<b>+Leonel &amp; +Alice Korth &amp; Deceased Family Members (Maria Korth)</b>
			<b>John &amp; Charlotte DeBlois (Living Intention) (Betty DeBlois)</b>
<i>Wed Aug 4</i>			
<i>8:00 am</i>	<b>For the Poor</b>		
<i>Thurs Aug 5</i>		<i>Sun Aug 8</i>	
<i>8:00 am</i>	<b>For the Lonely &amp; Afraid</b>	<i>9:00 am</i>	<b>+Franco &amp; +Giuseppe Caronchia (Maria Caronchia)</b>
			<b>+Visitacion &amp; +Tomas DeBlois (Betty DeBlois)</b>
<i>Fri Aug 6</i>			
<i>8:00 am</i>	<b>+Gemma Binas &amp; Deceased members of the Binas Family (Betty DeBlois)</b>		<b>+Anna &amp; +Gennaro De Luca (Domenica De Luca)</b>
	<b>FEAST OF THE TRANSFIGURATION OF THE LORD</b>	<i>11:00 am</i>	<b>Pro Populo</b>



The parish office will be closed Monday, August 2th, for Civic Holiday and will re-open on Wednesday, August 4th. Have a safe weekend.



### ST. AMBROSE FORMED

**FORMED** on Demand is the revolutionary digital platform that gives you unprecedented access to video-based study programs, feature films, audio presentations and eBooks from the Church's foremost presenters. Whether fallen away or

deeply engaged, at the parish or on the go, **FORMED** helps you reach your flock anytime, anywhere. To register please enter [www.stambroseparish.formed.org](http://www.stambroseparish.formed.org) or go to our website.



### Eighteenth Sunday in Ordinary Time - August 1, 2021

"I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Today's readings remind us that the priest is ordained by the Holy Spirit to be the means by which Jesus' words are fulfilled. If you feel God could be calling you to be a priest, religious, or permanent deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at 416-968-0997. [vocations@archtoronto.org](mailto:vocations@archtoronto.org)  
[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

## EIGHTEENTH SUNDAY IN ORDINARY TIME August 1, 2021

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### **Ideas for a Delicious Plant-Based Meal** **Vegan Lobster Rolls**

#### **Ingredients**

2 14-ounce cans of hearts of palm  
½ cup diced celery  
½ cup diced red onion  
2 tablespoons chopped fresh dill  
1 tablespoon + 1 teaspoon Old Bay Seasoning  
¼ cup + 2 tablespoons vegan mayo  
juice of one lemon  
salt and pepper, to taste  
4 rolls  
vegan butter  
handful of greens  
lemon wedges

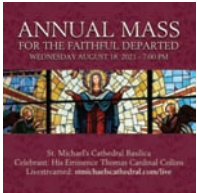
#### **Instructions**

Drain the hearts of palm and roughly chop them. Place in a large bowl. Add all remaining "lobster" salad ingredients and stir.

Toast rolls and spread with vegan butter. Sprinkle a few greens on each roll and top with "lobster" salad. Serve fresh with lemon wedges. Serves 4

#### **How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**



#### **Annual Mass for the Faithful Departed**

**Wednesday, August 18, 2021 7:00 PM - 8:00 PM**

Due to the protocols surrounding COVID-19, this year's Annual Mass for the Faithful Departed has unfortunately been cancelled at our seven Catholic cemeteries. His Eminence Thomas Cardinal Collins, Archbishop of Toronto, will celebrate and livestream a special Mass in honour of our faithful departed on Wednesday, August 18, at 7 p.m. at St. Michael's Cathedral Basilica. The Mass can be viewed here: [www.stmichaelscathedral.com/live](http://www.stmichaelscathedral.com/live) Thank you for your ongoing support of Catholic Cemeteries & Funeral Services and for your continued prayers.



#### **Surviving Separation & Divorce**

**Saturday, August 7, 2021 Led by Anna Racine, Cost: \$65 (lunch and materials) 9:30am-3:30pm**

Surviving separation and divorce is one of the worst experiences of our lives. The process involves intense emotions of grief, anger, sadness, and deep hurts. Learn how to navigate these emotions and explore the stages involved in the healing process. Through personal sharing, receive support and reassurance that you are not alone and that others have felt and experienced the same challenges. Presenter bio at [www.annaracine.org](http://www.annaracine.org) Register at 905-356-4113 x4200 or [reservations@carmelniagara.com](mailto:reservations@carmelniagara.com) **Location:** Mount Carmel Spiritual Center 7020 Stanley Ave, Niagara Falls, ON [www.carmelniagara.com](http://www.carmelniagara.com)



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