

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



TWENTY-THIRD SUNDAY IN ORDINARY TIME Sept 5, 2021

MASS INTENTIONS

<i>Mon Sept 6</i>		<i>Sat Sept 11</i>	
<i>8:00 am</i>	+Rose & +William Gillis (Joe & Marilyn MacDonald)	<i>4:30 pm</i>	+Michelina Maraio (Maria Ancona & Family)
			+Aquilina & +Mario Sy (Angela & Anna & Families)
<i>Wed Sept 8</i>			
<i>8:00 am</i>	+Filippo Carrescia (Lucia DiFranco)		Nella Amaolo – Living Intention (Pat & Gerry Bester)
		<i>Sun Sept 12</i>	
<i>Thurs Sept 9</i>		<i>9:00 am</i>	+Franco & +Giuseppe Caronchia (Maria Caronchia)
<i>8:00 am</i>	+Emma Di Lorenzo (From her brothers Nicola & Emilio & Families)		+Filomena Vespa (Ida Falcone)
<i>Fri Sept 10</i>			+Giuseppina De Palma (Tony & Carmela Russo)
<i>8:00 am</i>	Pro Populo		
		<i>11:00 am</i>	For the Lonely & Afraid



The parish office will be closed on Monday, September 6th for Labour Day and will re-open on Wednesday, September 8th. Have a safe long weekend.



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Pastoral Letter

For those requesting a Pastoral Letter when applying for the Catholic School Board, Fr. Donatello will only fill out forms if you attend Mass regularly on Sundays.



Ideas for a Delicious Plant-Based Meal **Zucchini Noodles with Avocado Sauce**

Ingredients

1 Zucchini
1¼ cup basil
1/3 cup water
4 tbsp pine nuts (optional)
2 tbsp lemon juice
1 avocado
12 sliced cherry tomatoes

Instructions

Make the zucchini noodles using a peeler or the Spiralizer.
Blend the rest of the ingredients (except the cherry tomatoes) in a blender until smooth.
Combine noodles, avocado sauce and cherry tomatoes in a mixing bowl.
These zucchini noodles with avocado sauce are better fresh, but you can store them in the fridge for 1 to 2 days. Serves 2

Notes: Feel free to use any veggies or fresh herbs you have on hand. You can also spiralize other veggies like carrots, beet, butternut squash, cabbage etc. Any nuts can be used instead of the pine nuts, or even seeds.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



500 Years of Christianity in the Philippines - Gifted to Give

St. Teresa's Parish in Etobicoke would like to invite you to attend a celebration of faith as we commemorate this very special event. **Holy Mass will begin at 5:00 PM on Saturday, September 11, 2021.** Light refreshments to follow at the parish hall. To register for the after-Mass celebrations, go to: tinyurl.com/500YearsToronto



Twenty-third Sunday in Ordinary Time - September 5, 2021 Did not God choose those who are poor in the eyes of the world to be rich in faith and heirs of the Kingdom? Count your blessings, then come and help others count theirs too, as a priest, religious or deacon. If you feel you have such a vocation, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.**

Email: vocations@archtoronto.org www.vocationstoronto.ca



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