

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



TWENTY-FIFTH SUNDAY IN ORDINARY TIME Sept 19, 2021



<i>Mon Sept 20</i>		<i>Sat Sept 25</i>	
<i>8:00 am</i>	For the Poor	<i>4:30 pm</i>	+Bruno Proietti (Brother & Sister inlaw)
<i>Wed Sept 22</i>		<i>Sun Sept 26</i>	
<i>8:00 am</i>	For the Parishioners of St. Ambrose	<i>9:00 am</i>	Mary Franchin (Living Intention)
			+Luigi Franchin (Mary Franchin)
			+Antonio DePalma (Carmela Paoletta)
<i>Thurs Sept 23</i>			+Filippo Falcone (Ida Falcone)
<i>8:00 am</i>	For the Unborn		+Giuseppina DePalma (Angela & Anna & Families)
<i>Fri Sept 24</i>		<i>11:00 am</i>	
<i>8:00 am</i>	Pro Populo		+Manuel & +Cizaltina Pereira
			+Angelo Garcia (Maria Garcia)
			+Cipriana Costelo (Gloria & Bernie Buenaventura)



WE WELCOME INTO OUR CHRISTIAN FAMILY

Olivia Josephine Cappellano daughter of Mario & Stefania
 Quinton Liborio Antonino Paglino son of Phillip & Lucia
 Easton Tatum Velandria son of Derrick & Jona
 Amara Alzira Sousa Cacciaccarro daughter of Nicola & Amanda
 Ariana Fazzari daughter of Daniel & Jamie
 Ava Avery Ridsdill-Blair daughter of Hogan & Rickey-Lake



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Ideas for a Delicious Plant-Based Meal **Jalapeno Popper Chickpea Salad Sandwich**

Ingredients

Dip ingredients:

1/2 cup (118.29 g) Silken or firm tofu or 1/4 cup raw cashews soaked in hot water for 15 mins for soyfree
1 tsp lemon juice
1/4 tsp salt
1/4 tsp garlic powder
1 tbsp nutritional yeast or 1/2 tsp prepared mustard
4 slices pickled jalapeno
2-3 tbsp water

For chickpeas:

15 oz can of chickpeas or 1.5 cups cooked
1/4 cup chopped celery
1/4 cup chopped red bell pepper
2 tbsp chopped green onion
1/4 tsp black pepper
2 tbsp chopped fresh jalapeno (remove seeds to reduce heat if needed)

Assembly:

4 bread slices or serve in a bowl with crunchy greens and veggies)
Greens like spinach, cucumber, or other fresh veggies
Sliced jalapeno or pickled jalapeno

Instructions

Blend all the dip ingredients until smooth in a blender. Add a tbsp water if needed.
Mash the cooked chickpeas in a bowl until mostly mashed with a few whole ones left.
Add in the rest of the chickpea salad ingredients including the tofu dip and mix really well. Chill for 15 mins
Taste and adjust salt and flavor as needed. Add something sweet like dried cranberries or raisins if you like or toasted cashews.
To assemble, prepare sandwich bread or wrap. Add a good helping of chickpea sandwich mix. Top with pickled jalapeños.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



Twenty-fifth Sunday in Ordinary Time - September 19, 2021

"Whoever wants to be first must be last of all and servant of all." This life is the ministry of a priest, sister, brother or deacon. If you feel God is calling you to one such vocation, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at **416-968-0997**. Email: **vocations@archtoronto.org** **www.vocationstoronto.ca**



INVITATION TO PRAY THE ROSARY

Honour Our Blessed Mother in the Month of October and pray the Rosary with your friends and parish family on Saturday, October 16, 2021 at 12 noon on the front lawn of St. Ambrose Church. Our Rosary will be joined by 1,000 across Canada. All are invited from youngest to the eldest.

Dress warmly as the wind is cold. This prayer will be in memory of the last apparition of Mother Mary to the 3 children in Fatima 1917.



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