

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



TWENTY-SIXTH SUNDAY IN ORDINARY TIME Sept 26, 2021



<i>Mon Sept 27</i>		<i>Sat Oct 2</i>	
<i>8:00 am</i>	+Maria & +Giuseppe Farace <i>Eternal Rest – (Tony & Rosina Farace)</i>	<i>4:30 pm</i>	+Bernard Araullo (Melody Araullo & Family)
<i>Wed Sept 29</i>		<i>Sun Oct 3</i>	
<i>8:00 am</i>	+Tarhata Handinero Vencer <i>(Betty DeBlois & Family)</i>	<i>9:00 am</i>	+Antonino Cacciacarro (Gina Cacciacarro & Family) +Pavel, +Stefania & +Anna Pavloski (Jack & Kristina Sitarski) +Jan & +Teresa Sitarski (“ ”) +Rosaria Carrescia (Emma Cirelli) +Antonio Sbrocchi (“ ”)
<i>Thurs Sept 30</i>			
<i>8:00 am</i>	Charles & Luz DeBlois - Living Intention <i>(Betty DeBlois)</i>		
<i>Fri Oct 1</i>			
<i>8:00 am</i>	For the Parishioners of St. Ambrose	<i>11:00 am</i>	Pro Populo



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BLESSING OF THE ANIMALS

In honour of St. Francis of Assisi feast day October 4th, patron saints of animals and environment, there will be a blessing of animals on Saturday, October 2nd at 10:00am. It's customary that in remembrance of St. Francis' love for all creatures, animals are led to churches for a special ceremony called the "Blessing of the Animals." If weather permits we will be having the ceremony outside.



Twenty-sixth Sunday in Ordinary Time - September 26, 2021

Today's readings speak of the gifts of prophecy and of casting out demons. If you feel that God is calling you with the gift to be a priest, religious, or permanent deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at 416-968-0997.

Email: vocations@archtoronto.org www.vocationstoronto.ca



Ideas for a Delicious Plant-Based Meal **VEGAN CHILI**

Ingredients

3 tbsp olive oil
2 sweet potatoes, peeled and cut into medium chunks
2 tsp smoked paprika
2 tsp ground cumin
1 onion, chopped
2 carrots, chopped
2 celery sticks, chopped
2 garlic cloves, crushed
1-2 tsp chili powder (depending on how hot you like it)
1 tsp dried oregano
1 tbsp tomato purée
1 red pepper, cut into chunks
2 x 400g cans chopped tomatoes
400g can black beans, drained
400g can kidney beans, drained

Instructions

Heat the oven to 200C. Put the sweet potato in a roasting tin and drizzle over 1½ tbsp oil, 1 tsp smoked paprika and 1 tsp ground cumin. Give everything a good mix so that all the chunks are coated in spices, season with salt and pepper, then roast for 25 mins until cooked.

Meanwhile, heat the remaining oil in a large saucepan over a medium heat. Add the onion, carrot and celery. Cook for 8-10 mins, stirring occasionally until soft, then crush in the garlic and cook for 1 min more. Add the remaining dried spices and tomato purée. Give everything a good mix and cook for 1 min more.

Add the red pepper, chopped tomatoes and 200ml water. Bring the chili to a boil, then simmer for 20 mins. Tip in the beans and cook for another 10 mins before adding the sweet potato. Season to taste then serve with lime wedges, guacamole, rice and coriander. *Will keep, in an airtight container in the freezer, for up to three months. Serves 4.*

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



LIFE CHAIN: OCTOBER 3, 2021 between 2:00pm-3:00pm

Please follow local COVID-19 safety protocols. For the most up-to-date information, please see www.campaignlifecoalition.com/life-chain or call [416-204-9749](tel:416-204-9749) **Location:** Kipling & Queensway



INVITATION TO PRAY THE ROSARY

Honour Our Blessed Mother in the Month of October and pray the Rosary with your friends and parish family on Saturday, October 16, 2021 at 12 noon on the front lawn of St. Ambrose Church. Our Rosary will be joined by 1,000 across Canada. All are invited from youngest to the eldest. Dress warmly as the wind is cold. This prayer will be in memory of the last apparition of Mother Mary to the 3 children in Fatima 1917.



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