

# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



## Mission Statement:

*In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.*

- St. Ambrose

## MASS TIMES

Sunday Liturgy  
Saturday (Vigil) 4:30 pm  
Family Mass with Youth Choir  
Sunday 9:00 am Cantor & Organ  
11:00 am Choir & Organ

### Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

### Devotions

Holy Hour Eucharistic Adoration  
First Friday 8:30 am - 9:30 am  
"Can you not watch an hour with me?" Matthew 26:40  
Holy Rosary Monday - Saturday 7:30 am  
Divine Mercy Chaplet Monday - Saturday 8:30 am  
Devotion to Our Lady of Perpetual Help  
Wednesdays 8:45 am

## BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

## PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

**Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm  
Closed Tues, Sat, Sun

### New Parishioners

Welcome! To register please call the office or email [rose@stambroseparish.com](mailto:rose@stambroseparish.com).

## SACRAMENTS

### Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

### Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

### Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

## PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



## SECOND SUNDAY IN ORDINARY TIME January 17, 2021



<i>Mon Jan 18</i>		<i>Sat Jan 23</i>	
<i>8:00 am</i>	<b>For The Sick</b>	<i>4:30 pm</i>	<b>+Stan &amp; +David Ritchie (Family)</b>
<i>Wed Jan 20</i>		<i>Sun Jan 24</i>	
<i>8:00 am</i>	<b>For The Unborn</b>	<i>9:00 am</i>	<b>+Antonio Varone (Josie Marinos &amp; Fam)</b>
<i>Thurs Jan 21</i>	<b>Pro Populo</b>		<b>+Franco &amp; +Giuseppe Caronchia</b> <i>(Maria Caronchia)</i>
<i>8:00 am</i>			<b>+Manuel &amp; Cisaltina Pereira</b> <i>(Maria Garcia)</i>
<i>Fri Jan 22</i>			
<i>8:00 am</i>	<b>For the Lonely &amp; Afraid</b>	<i>11:00 am</i>	<b>Nanette &amp; Nilo de Vera</b>
			<b>Emil &amp; Lou Alcaraz</b>
			<b>Norma Palma &amp; Family</b>
			<b>Living Intentions (Manuel Linsao &amp; Family)</b>



### Second Sunday in Ordinary Time - January 17, 2021

A good vocation prayer to say every day - from the time we are young until we are in our golden years - is found in today's first Scripture reading: "Speak Lord, for your servant is listening". Just try it with sincerity, starting today and, if you think God is calling you to be a priest, religious, or permanent deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.** Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)



### ST. AMBROSE FORMED

**FORMED** on Demand is the revolutionary digital platform that gives you unprecedented access to video-based study programs, feature films, audio presentations and eBooks from the Church's foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, **FORMED** helps you reach your flock anytime, anywhere. To register please enter [www.stambroseparish.formed.org](http://www.stambroseparish.formed.org) or go to our website.

## SECOND SUNDAY IN ORDINARY TIME January 17, 2021

---



### Ideas for a Delicious Plant-Based Meal Vegetable Paella

#### Ingredients

3 tablespoons extra-virgin olive oil, divided

1 medium yellow onion, chopped fine

1 ½ teaspoons fine sea salt, divided

6 garlic cloves, pressed or minced

2 teaspoons smoked paprika

1 can (15 ounces) diced tomatoes (preferably the fire-roasted variety), drained

2 cups short-grain brown rice\*

1 can (15 ounces) chickpeas, rinsed and drained, or 1 ½ cups cooked chickpeas

3 cups vegetable broth

½ cup dry white wine\*\* or vegetable broth

½ teaspoon saffron threads, crumbled (optional)

1 can (14 ounces) quartered artichokes or 1 jar (12 ounces) marinated artichoke, drained

2 red bell peppers, stemmed, seeded and sliced into long, ½"-wide strips

½ cup Kalamata olives, pitted and halved

Freshly ground black pepper

¼ cup chopped fresh parsley, plus about 1 tablespoon more for garnish

2 tablespoons lemon juice, plus additional lemon wedges for garnish

½ cup frozen peas

#### Instructions

Preheat the oven to 350 degrees F. Heat 2 tablespoons of the oil in your Dutch oven or skillet over medium heat until shimmering. Add the onion and a pinch of salt. Cook until the onions are tender and translucent, about 5 minutes.

Stir in the garlic and paprika and cook until fragrant, about 30 seconds. Stir in the tomatoes and cook until the mixture begins to darken and thicken slightly, about 2 minutes. Stir in the rice and cook until the grains are well coated with tomato mixture, about 1 minute. Stir in the chickpeas, broth, wine, saffron (if using) and 1 teaspoon salt.

Increase the heat to medium-high and bring the mixture to a boil, stirring occasionally. Cover the pot and transfer it to the lower rack in the oven. Bake, undisturbed, until the liquid is absorbed and the rice is tender, 50 to 55 minutes.

Meanwhile, line a large, rimmed baking sheet with parchment paper for easy cleanup. On the baking sheet, combine the artichoke, peppers, chopped olives, 1 tablespoon of the olive oil, ½ teaspoon of the salt, and about 10 twists of freshly ground black pepper. Toss to combine, then spread the contents evenly across the pan.

Roast the vegetables on the upper rack until the artichokes and peppers are tender and browned around the edges, about 40 to 45 minutes. Remove from the oven and let the vegetables cool for a few minutes. Add ¼ cup parsley to the pan and the lemon juice, and toss to combine. Season with salt and pepper, to taste. Set aside. Sprinkle the peas and roasted vegetables over the baked rice, cover, and let the paella sit for 5 minutes. Garnish with a sprinkle of chopped parsley (about 1 tablespoon) and serve in individual bowls, with lemon wedges on the side. Serves 6.

### **How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**

### **TO ALL PARISHIONERS:**

St. Ambrose Parish will be open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am – 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello will be celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the

YouTube channel please visit our website at **[stambroseparish.com](http://stambroseparish.com)**







**RE/MAX**  
West Realty Inc.  
Brokerage



**Frank Leo**  
Broker  
Guaranteed Home Selling System

www.GetLeo.com  
**416-917-5466**

**Remember...**  
Let our advertisers know you saw their ad here.



**PEEL**  
Jeep Ram  
LAKESHORE AT MISSISSAUGA RD.  
NOBODY BEATS A DEAL FROM PEEL!  
212 Lakeshore Rd. W.  
905-278-6181

IT'S **WISE** TO ADVERTISE!

*Julia's Clothing & Gift*  
Ladies & Children's Clothing  
Baptism • Communion • Flower Girl  
Gifts • Bomboniere  
320 Brown's Line  
416-255-3336



STONEGATE  
**DENTURE CLINIC**  
935 THE QUEENSWAY **416-878-9353**

*Tara Neal*  
*McNally*  
B.ENG., MBA, SRES  
SALES REPRESENTATIVE  
416-259-9639 tmcnally@royallepage.ca taranealmcnally.ca




**ROYAL LE PAGE**  
Porritt Real Estate  
BROKERAGE  
INDEPENDENTLY OWNED AND OPERATED

*Imagine!*  
A celebration of life your way!  
Celebrate your life in a way that reflects your personality, the way you live your life! Create a service exactly how you would Imagine it. Pre-plan your Celebration today, contact us for your Free Plan-at-Home Guide.




**IL PAESANO PIZZERIA**  
396 Brown's Line, Etobicoke  
**416-251-7080 (Restaurant - LCBO)**

*Joan's Blooming Place*  
Flowers For All Occasions  
416-251-5128  
3609 Lake Shore Blvd W



**RIDLEY FUNERAL HOME**  
"Exceeding expectations for over 90 years"  
SINCE 1921  
3080 Lake Shore Blvd. W. 416-259-3705 www.RidleyFuneralHome.com



**Edwards Tree Services**  
Tree Removal & Fire Wood  
**416-259-8576**



**WEBER**  
*Dental Laboratory*  
Full Service Dental Lab  
Dentures • Cast Partials • Repairs  
Denturist on site by appointment • Walk ins Welcome  
3647 Lake Shore Blvd W **416-239-5380** weberdentallaboratory.com

Jeff, Rose & Herb's  
**nofrills**  
lower food prices  
3730 Lakeshore Blvd. W. at Brown's Line



**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422**

**Scholars**  
Individualized Tutoring Online & In-Person  
ALL GRADES | ALL SUBJECTS  
Call today to book a free assessment or trial.  
**416-252-5177**  
827 Brown's Line  
ScholarsEd.com

**Active Green + Ross**  
COMPLETE TIRE & AUTO CENTRE  
215 Islington Ave. (at Birmingham) 416-354-2300  
859 Kipling Ave. (S. of Dundas) 416-236-2453  
580 Evans Ave. 416-259-8473  
186 The Queensway (Opp. Food Terminal) 416-259-4684  
779 The Queensway (W. of Royal York) 416-251-3333



**CATHOLIC CEMETERIES**  
FUNERAL SERVICES  
www.catholic-cemeteries.com  
Assumption Cemetery 905-670-8801  
Queen of Heaven Cemetery 905-851-5822  
Catholic Cremation Services 905-670-8801  
Funeral • Cremation • Burial



FUNERAL HOME  
Jarret M. Florecki  
Managing Funeral Director  
MISSISSAUGA CHAPEL  
420 Dundas St. E.  
905-272-4040  
*Il personale parla anche l'Italiano*



Experienced staff familiar with all customs and practices

**Natural Health Rehab**  
Reflexology  
Pain Stress Relief  
Deep Tissue RMT Massage  
3713 Lake Shore Blvd W  
647-345-8896

**Essential Oils - You are so WORTH it!**  
Chemical-free Lifestyle, Better Sleep, Healthier Skin  
Immune System Support, Emotional Balance



Get Your Premium Starter Kit Today!  
www.get-oiling.com  
Lynda - 416-949-5710  
YOUNG LIVING INDEPENDENT DISTRIBUTOR

**IZBA**  
Restaurant  
Banquet & Catering  
20% off with ad Monday to Thursday  
648 The Queensway  
416.251.7177 izba.ca

**AA FLOORS & More Ltd.**  
Hardwood Flooring Specialists  
524 Evans Ave Etobicoke 416-201-9611  
bestfloor@yahoo.com www.aafloors.ca  
Largest Wholesaler for Hardwood, Laminate & Vinyl Flooring



**G.H. HOGLE**  
FUNERAL HOME LIMITED  
Making it Easier for Families Since 1931  
**416-251-7531**  
63 Mimico Ave. www.hogle.ca