

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



THIRD SUNDAY OF LENT March 7, 2021



<i>Mon Mar 8</i>		<i>Sat Mar 13</i>	
<i>8:00 am</i>	For the Poor	<i>4:30 pm</i>	+Maria Trigiani (Patti DeAngelis) +Marshall Shunk (“ “)
<i>Wed Mar 10</i>		<i>Sun Mar 14</i>	
<i>8:00 am</i>	+Josefa Panes & deceased family members (Cynthia DeBlois)	<i>9:00 am</i>	+Giuseppe Cambria (Family) +Vittorio Nifo (Mina Nifo & Family) +Maria & +Adelaida DeBlois Ralph & Vincent Moreno Living Intention – (Betty DeBlois & Fam)
<i>Thurs Mar 11</i>			
<i>8:00 am</i>	Pro Populo		
<i>Fri Mar 12</i>			
<i>8:00 am</i>	+Ricciotto Rizzuti (Family)	<i>11:00 am</i>	+Manuel & +Lurdes Costa (Manuel & Maria Costa)



**The Sanctuary Lamp burns for 7 days
in honour of St. Anthony**



Third Sunday of Lent - March 7, 2021

Jesus cleaned out the temple of money-changers. He was angry; He was zealous; He spoke with authority. He was doing what He had to do even though it involved risk, danger, insult and wonder. Such is a religious vocation in the Church. If you think God might be calling you to be a priest, religious, or permanent deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email vocations@archtoronto.org www.vocationstoronto.ca**



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THIRD SUNDAY OF LENT March 7, 2021



Ideas for a Delicious Plant-Based Meal

Banana Blossom Vegan Fish

Ingredients

1 can banana blossoms in brine

Frying oil

Flour Mixture

1 cup all-purpose Flour

½ teaspoon salt

1 teaspoon dill

1 ½ tablespoon crushed nori

Batter

1 cup flour

½ teaspoon salt

1 pinch turmeric

1 tablespoon pickle juice

1 tablespoon caper brine (or sub with more pickle juice)

2 teaspoons lemon juice

½ cup sparkling water

Instructions

Rinse and drain the banana blossoms

In separate bowls, combine the ingredients for the flour mixture and whisk together the ingredients for the batter.

In a pot or wok, heat the frying oil. You'll want enough so that the battered banana blossoms can swim in the oil but make sure you leave enough space in the pot/wok so that it doesn't spill over.

Coat the banana blossoms in the flour mixture. Then dip them in the batter. Carefully lower them in the oil. Let them fry about 4-5 minutes until golden brown, flipping them once.

Transfer the fried banana blossoms onto a kitchen paper to remove excess oil. Serve With tartar sauce, fries and mashed peas. Add dill on top and squeeze with lemon juice.

Servings: 8 fish

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



TO ALL PARISHIONERS:

St. Ambrose Parish is open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am – 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello is celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the YouTube channel please visit

our website at stambroseparish.com

Offering Envelopes



TO ALL PARISHIONERS

If you have not picked up your Weekly Offering Envelopes 2021, please call the parish office at 416-251-8282.



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