

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



FOURTH SUNDAY OF LENT March 14, 2021

MASS INTENTIONS

<i>Mon Mar 15</i>		<i>Sat Mar 20</i>	
<i>8:00 am</i>	For the Poor	<i>4:30 pm</i>	For the Parishioners of St. Ambrose
<i>Wed Mar 17</i>			
<i>8:00 am</i>	For the Unborn	<i>Sun Mar 21</i>	
		<i>9:00 am</i>	+Franco & +Giuseppe Caronchia (<i>Maria Caronchia</i>)
<i>Thurs Mar 18</i>			
<i>8:00 am</i>	Pro Populo		+Catalina & +Bienvenido DeBlois (<i>Betty DeBlois & Family</i>)
			+Aida DeBlois (“ “ “) Nanette & Max Handinero <i>Living Intention (Betty DeBlois & Family)</i>
<i>Fri Mar 19</i>			
<i>8:00 am</i>	For the Lonely & Afraid	<i>11:00 am</i>	+Manuel & +Lurdes Costa (<i>Manuel & Maria Costa</i>)
			Deborah Howard - Living Intention (<i>Iamundo Family</i>)



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in memory of Nora Cheeseman**



**The Marian Lamp burns for 7 days
in memory of George Cheeseman**



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FOURTH SUNDAY OF LENT March 14, 2021



Ideas for a Delicious Plant-Based Meal Vegan Tofu Fish Sticks

Ingredients

2 blocks tofu (firm or extra firm, pressed)
1/4 cup soy milk
2 tbsp. soy sauce
2 tbsp. lemon juice
1 cup bread crumbs
2 tbsp. nori seaweed (crumbled)
1 tsp. lemon pepper

Instructions

Pre-heat oven to 375 F. Slice tofu into strips and coat well with flour.

In a pie plate or shallow bowl, whisk together the soy milk, soy sauce, and lemon juice. In a separate bowl or pie plate, combine bread crumbs, nori and lemon pepper.

Carefully dip floured tofu in soy milk mixture, then coat well in bread crumbs.

Bake for 40 to 45 minutes, turning over once, until crispy and golden brown/or, pan-fry on both sides in a bit of oil.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



Fourth Sunday of Lent - March 14, 2021

St. Paul reminds us that we are "created in Christ Jesus for good works". If you think God's plan for you could be to be a priest, religious, or permanent deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.** Email vocations@archtoronto.org

www.vocationstoronto.ca

**Offering
Envelopes**



TO ALL PARISHIONERS

If you have not picked up your Weekly Offering Envelopes 2021, please call the parish office at 416-251-8282.



TO ALL PARISHIONERS:

St. Ambrose Parish is open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am – 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello is celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the YouTube channel please visit our website at stambroseparish.com



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