

# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



## Mission Statement:

*In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.*

- St. Ambrose

## MASS TIMES

Sunday Liturgy  
Saturday (Vigil) 4:30 pm  
Family Mass with Youth Choir  
Sunday 9:00 am Cantor & Organ  
11:00 am Choir & Organ

### Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

### Devotions

Holy Hour Eucharistic Adoration  
First Friday 8:30 am - 9:30 am  
"Can you not watch an hour with me?" Matthew 26:40  
Holy Rosary Monday - Saturday 7:30 am  
Divine Mercy Chaplet Monday - Saturday 8:30 am  
Devotion to Our Lady of Perpetual Help  
Wednesdays 8:45 am

## BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

## PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

**Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm  
Closed Tues, Sat, Sun

### New Parishioners

Welcome! To register please call the office or email [rose@stambroseparish.com](mailto:rose@stambroseparish.com).

## SACRAMENTS

### Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

### Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

### Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

## PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



# FIFTH SUNDAY IN ORDINARY TIME February 7, 2021



<i>Mon Feb 8</i>		<i>Sat Feb 13</i>	
<i>8:00 am</i>	<b>For the Poor</b>	<i>4:30 pm</i>	<b>+Gregory Ritchie (Family)</b>
<i>Wed Feb 10</i>		<i>Sun Feb 14</i>	
<i>8:00 am</i>	<b>For The Unborn</b>	<i>9:00 am</i>	<b>+Franco &amp; +Giuseppe Caronchia (Maria Caronchia)</b>
<i>Thurs Feb 11</i>			
<i>8:00 am</i>	<b>Pro Populo</b>		<b>Cynthia &amp; Irving DeBlois Living Intention (Betty DeBlois &amp; Fam.)</b>
<i>Fri Feb 12</i>		<i>11:00 am</i>	
<i>8:00 am</i>	<b>For the Lonely &amp; Afraid</b>		<b>+Rosina Marchese (Family) +Angelo, +Manuel &amp; +Gloria Garcia (Maria Garcia)</b>
		<b>+Romulo Bellosillo (Manuel Linsao &amp; Family)</b>	



The Sanctuary Lamp burns for 7 days in memory of Ricciotto & Alba Rizzuti



The Marian Lamp burns for 7 days in memory of Pietro Fuoco



## ST. AMBROSE FORMED

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## TO ALL PARISHIONERS:

St. Ambrose Parish is open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am – 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello is celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the YouTube channel please visit our website at [stambroseparish.com](http://stambroseparish.com)



**Ideas for a Delicious Plant-Based Meal**  
**Grilled Asparagus and Shiitake Tacos**

**Ingredients**

3 tbsp. canola oil  
4 garlic cloves, crushed with press  
1 tsp. ground chipotle chile  
1/2 tsp. Kosher salt  
8 oz. shiitake mushrooms, stems discarded  
1 bunch green onions, trimmed  
8 corn tortillas, warmed  
1 c. homemade or prepared guacamole  
Lime wedges  
cilantro sprigs  
Hot sauce, for serving

**Instructions**

-Heat grill on medium. In a large baking dish, combine oil, garlic, chipotle, and salt. Add asparagus, shiitakes, and green onions; toss to coat. Grill asparagus until tender and lightly charred, turning occasionally; 5 to 6 minutes. Grill shiitakes and green onions until lightly charred, turning occasionally; 4 to 5 minutes. Transfer vegetables to cutting board.  
-Cut asparagus and green onions into 2" lengths and slice shiitakes. Serve with corn tortillas, guacamole, lime wedges, cilantro, and hot sauce. Serves 4.

**How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**



Archdiocese  
of Toronto

**ARCHDIOCESE OF TORONTO**

**EMAIL IMPERSONATION SCAM TARGETS OUR PARISHIONERS**

In recent days, the Archdiocese of Toronto has received reports from parishioners who have gotten suspicious emails supposedly from our priests or staff members. These emails attempt to start an online conversation or they have a suspicious document attached to the message. These emails are not from the Archdiocese of Toronto. Online fraudsters are impersonating members of the archdiocese and we ask you to be on the lookout for online scam attempts. For this fraud effort, it is helpful to look at the sender's information to determine if an email is legitimate or not. The fraudster is unable to access the email accounts of our priests or staff, so they are using other email services to impersonate archdiocesan clergy and employees. For instance, the name in the "from" line will seem familiar, but the email address listed after the name will not be that person's usual account. Or the "from" line will list the familiar person's regular email address (instead of their name), but the email address listed after it will be another address entirely. If the sender information seems odd or if the message is out of character for the sender, do not reply to the message or download any of its attachments. Please report the email to the sender at a known email address or by phoning them. If we are vigilant with our online security, these fraud attempts should stop soon.





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