

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



TWENTIETH SUNDAY IN ORDINARY TIME August 14, 2022

MASS INTENTIONS

<i>Mon Aug 15</i>		<i>Sat Aug 20</i>	
<i>8:00 am</i>	+Manuel Linsao (Erlinda Linsao)	<i>4:30 pm</i>	+Rocco Tantalo (Family)
	+Paolo Caputo (Family)		+Aubrey Byrne (Bernetta & Ted Nicolle)
			+Jozef, +Stanislawa & Julian Puzio (Anna Puzio)
<i>Wed Aug 17</i>		<i>Sun Aug 21</i>	
<i>8:00 am</i>	Luisa Freitas – Living Intention (Elizabeth Rocca)	<i>9:00 am</i>	+Antonio Attanasio (Family)
			+Irene & +Armindo Dos Santos (Family)
<i>Thurs Aug 18</i>			
<i>8:00 am</i>	+Antonio DiFranco (Lucia DiFranco)		+Giuseppina DePalma (Carmela DePalma)
<i>Fri Aug 19</i>			
<i>8:00 am</i>	+Tony, +Mario, +Nick & +Nicola Falcone (Ida Falcone)	<i>11:00 am</i>	+Manuel & +Lurdes Costa (Manuel & Maria Costa)



START SPREADING THE NEWS THE BAZAAR IS BACK!! **ST. AMBROSE ANNUAL MINI BAZAAR October 1, 2022**

Dear Parishioners of St. Ambrose. Our mini bazaar will be only be a one day event. As in the past we rely on donations from the parish for items for the various tables.

PLEASE NOTE NO COMPUTERS, MAGAZINES, FURNITURE, CLOTHING OR BOOKS! We ARE STILL GOING TO BE FOLLOWING, The Health and Safety Guidelines set by Toronto and Ontario. Items donated can be brought on **WEEKENDS ONLY IN MANAGEABLE BOXES & BAGS**, this will help volunteers sorting and pricing of items ahead of time. Donations only on these three weekends: Saturday, Aug 13th & Sunday, Aug 14th, Saturday, Aug 20th & Sunday Aug 21st and Saturday, Aug 27th & Sunday, Aug 28th, Drop off Time on Saturdays from 2:00pm-5:00pm and on Sundays from 8:00am-12:00noon. We will be giving you updates and progress in future bulletins and pulpit announcements. Thank you from The Bazaar Convener, Marg Gombita.



"BABY BOTTLES FOR LIFE" CAMPAIGN – October 15-16

Aid to Women is a Christian, volunteer-based, charity offering pro-life options and practical help to pregnant women in crisis, enabling them to choose life for their unborn children. We have over 34 years of experience being the only crisis pregnancy care centre in Canada beside an abortion clinic. In addition to providing counseling, we provide material, emotional, spiritual and financial support for these mothers in need. Over the past 34 years, we have helped over 2,300 women. **Aid to Women** could not exist without the support of its donors. We are continuously looking for people to pray, volunteer, help financially, or offer material donations (infant car seats, strollers, diapers, wipes, clothes (newborn to 2 years)). For more information or if you think you might be interested in volunteering, please contact us at 416-921-6016 or at infor@aidtowomen.ca Representatives from Aid to Women will be at the back of the church Sept 17-18 handing out their bottles that contain more information about the campaign.



Ideas for a Delicious Plant-Based Meal **Zucchini Lemon Pasta**

Ingredients

3 tbsp. vegan butter
2 tbsp. olive oil
5 shallots diced
5 large garlic cloves minced
2 medium zucchinis julienned
1 ½ tbsp. nutritional yeast
1 tsp. salt
1 tsp. cracked black pepper
1 tsp. minced onion flakes
½ tsp. chili flakes
Juice of 1 ½ lemons
Zest of 1 lemon
½ cup vegan cream
½ cup vegan parmesan cheese grated
3 cups Spaghettini pasta
3 tbsp. fresh parsley to garnish

Instructions

Melt the vegan butter and olive oil in a large pan over medium-high heat.

Once it begins to bubble, add the shallots and garlic, cook for 3 to 5 minutes until fragrant and onion is tender.

Add the julienned zucchini, nutritional yeast, salt, cracked black pepper, minced onion flakes, and chili flakes, and cook for another 4 to 5 minutes.

Add the lemon juice and zest, and cook for another 1 to 2 minutes.

Pour in the vegan cream, stir, and bring the mixture to a light boil.

Add the vegan parmesan cheese and constantly stir to allow even melting.

Allow the sauce to reduce and thicken for 5 minutes.

Prior to making the sauce or during, prepare the Spaghettini pasta according to the instructions on the package in a large pot.

Rinse and strain. Transfer the pasta into the pan with the sauce, mixing thoroughly to combine. Serve the pasta with fresh parsley and enjoy! Serves 4.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>

<https://www.all-creatures.org/what-to-eat.html>



Ridley Funeral Home is seeking another team member. The position would be part time receptionist work. The duties are listed below:

- Part time work available
- Greeting visitors and directing people to the appropriate rooms for visitation/funeral.
- Accepting deliveries and floral arrangements. Handling incoming calls and message taking
- Assisting other staff with duties, including visitation room set up, arranging flowers and coffee and tea stations set up.
- Light cleaning duties.

If interested, please reach out to Lindsey Karpowicz by either phone or email. Lindsey Karpowicz, Manager Ridley Funeral Home, 3080 LakeShore Blvd W. Toronto, ON M8V 1K3 **Phone:** 416-259-3705, **Email:** Lindseykarpowicz@ridleyfuneralhome.com



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