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St. Ambrose Catholic Church

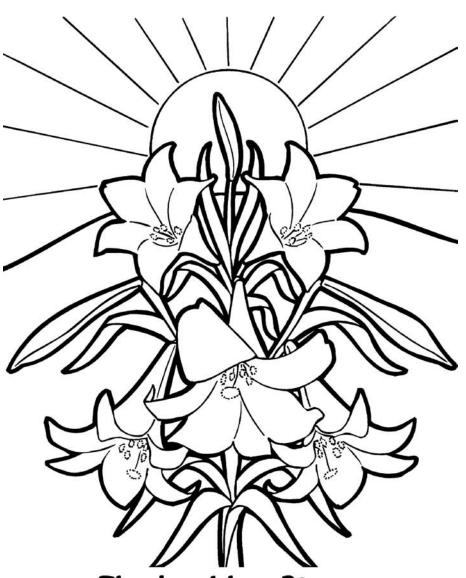
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Fr. Donatello Iocco, Pastor



The Lord has Risen, Alleluia, Alleluia, Alleluial

EASTER SUNDAY April 4, 2021

MASSINTENTIONS			
Mon Apr 5		Sat Apr 10	
8:00 am	Ron & Rose Rossetti - Living Intention	4:30 pm	+Manuel Korth & Deceased Family
	(The Fuoco Family)		Members (Maria Korth)
	+Giovanni & +Antonietta DiFranco		+Giovanni Ciamarra (Carmela
Wed April 7	(The Farace Family)		Ciamarra & Family)
8:00 am	+Remedios Escamos (Udasco Family)		+Angela Conte (" ")
			+Erminia Spadafora
			+For all Souls in Purgatory
Thurs Apr 8			(John & Angela Spadafora)
8:00 am	For the Poor	Sun Apr 11	
		9:00 am	+Franco & +Giuseppe Caronchia
			+Luigi Melfi (Maria Caronchia)
Fri Apr 9			+Pavel, +Stefania, +Anna Pavlovski
8:00 am	For the Unborn		+Jan & +Teresa Sitarski (Kristina
			Sitarski)
		11:00 am	+Rudy Bernardo (Manuel Linsao
			& Family)



The parish office will be closed on Easter Monday, April 5th and will re-open on Wednesday, April 7th. Happy Easter to you and your family.



Easter Sunday - April 4, 2021

The glorious Feast of the Resurrection of Christ proclaims, forever, that life is greater than death. Jesus commanded us to preach this good news to all peoples in all places at all times. If you feel God is calling you to minister in His Church as a priest, religious or deacon, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email vocations@archtoronto.org www.vocationstoronto.ca



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EASTER SUNDAY April 4, 2021



<u>Ideas for a Delicious Plant-Based Meal</u> Vegan Jackfruit Mushroom Stroganoff

<u>Ingredients</u>

16 oz package farfalle noodles (use gluten-free if necessary)

- 3 tbsp vegan butter
- 1 medium red onion diced
- 1 lb cremini mushrooms sliced
- 3 medium garlic cloves minced
- ½ cup red wine (optional)
- (2) 14 oz cans young green jackfruit rinsed and drained
- 1/2 tsp dried thyme
- 1/4 tsp salt (add more to taste)
- 2 cups vegetable broth
- 1 tsp arrowroot powder
- 1 tbsp vegan Worcestershire
- 1 cup vegan sour cream (I used (1) 5.3 oz container unsweetened greek yogurt)

Instructions

In a large pan over medium heat, melt 3 tbsp of butter. Saute the diced onion until it's soft and translucent. Add the sliced mushrooms and minced garlic and let it cook for 10 minutes or until the mushrooms are tender.

Deglaze the pan with $\frac{1}{2}$ cup of red wine and let it cook for a few minutes or until the sauce thickens and reduces.

Add both cans of the rinsed and drained jackfruit, ½ tsp dried thyme, and ¼ tsp sea salt to the pan. Stir to combine.

In a medium bowl, whisk together two cups of vegetable broth and 1 tsp arrowroot powder. Pour it into the pan along with 1 tbsp of Worcestershire. Stir and then increase the heat to bring it to a low simmer. Reduce the heat to medium, cover it, and let it cook for 20 minutes or until the jackfruit is tender and shreds easily.

While the jackfruit is cooking, boil water in a large pot and cook the noodles according to the package instructions.

Remove the lid and gently use a wooden spoon to break up the pieces of jackfruit. Stir in the sour cream and let it cook for a few more minutes until it's warmed through.

Serve over hot pasta. Store leftovers in the fridge for 4-5 days.

How to Go Vegan? The Best resources for Fun and Easy Transition: https://www.kinderworld.org/how-to-go-vegan/



HOLY WEEK & EASTER SCHEDULE 2021

HOLY SATURDAY VIGIL MASS – April 3
No 8:00am Mass

Only 4:30 Vigil Mass

EASTER SUNDAY – APRIL 4

9:00am & 11:00am

EASTER MONDAY – APRIL 5 8:00am Mass



MAY THE BLESSINGS OF THE RISEN LORD, BLESS YOU AND YOUR FAMILY THIS EASTER SEASON. HAVE A BLESSED EASTER! FR. DONATELLO IOCCO





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