

# FEAST OF THE HOLY FAMILY December 27, 2020



<b>Mon Dec 28</b>		<b>Sat Jan 2</b>	
<b>8:00 am</b>	<i>Pro Populo</i>	<b>4:30 pm</b>	+Josephine Bondi (Family) +Ruby Franchin (Mezzavilla Family)
<b>Wed Dec 30</b>		<b>Sun Jan 3</b>	
<b>8:00 am</b>	<i>For The Unborn</i>	<b>9:00 am</b>	Rose Fuoco (Living Intention) (Family & Friends) +Nicoletta Meffe (Family)
<b>Thurs Dec 31</b>		<b>11:00 am</b>	
<b>8:00 am</b>	<i>For the Poor</i>		<i>Pro Populo</i>
<b>Fri Jan 1</b>			
<b>8:00 am</b>	<i>For the Lonely &amp; Afraid</i>		



## **Feast of the Holy Family - December 27, 2020**

By Baptism we are God's holy family. Pray today for the grace to live faithfully your vocation as a single, married, ordained or consecrated person. If God is calling you, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at 416-968-0997. Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)



### **TO ALL PARISHIONERS:**

St. Ambrose Parish will be open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am - 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello will be celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the YouTube channel please visit our website at [stambroseparish.com](http://stambroseparish.com)



## **HAPPY NEW YEAR!**

**May the blessing of our Lord be upon you in the New Year of 2021! May God bless you and your family!**  
**Fr. Donatello Iocco**

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### **Ideas for a Delicious Plant-Based Meal**

#### **VEGAN ALFREDO PASTA**

##### **Ingredients**

##### **Vegan Alfredo Sauce:**

1-2 tablespoons olive oil

1/2 white onion

4 fat garlic cloves

1/2 cup raw cashews or hemp seeds

1 cup veggie broth or 1 cup water and vegetable bouillon

2 tablespoons nutritional yeast

1/2 teaspoon white miso paste

1/2 teaspoon salt

1/8 teaspoon nutmeg

5 ounces dry pasta, cooked to package directions

1 cup fresh peas (or frozen, or sub snow peas or steamed broccoli)

8 ounces mushrooms, sauteed, or try smoked mushrooms!

**Garnish:** pepper, chili flakes, lemon zest, italian parsley.

##### **Instructions**

**Cook Pasta:** Set salted water to boil in a large pot and cook pasta according to directions. If using fresh or frozen peas, feel free to add to the pasta water, during the last minute of cooking.

**Make Alfredo Sauce:** Heat oil over med low heat, and saute onion and garlic until tender and golden. Place it in a blender along with cashews, veggie broth, nutritional yeast, miso, salt, nutmeg. Blend until creamy and smooth.

**Saute or smoke the mushrooms.** If sauteing, heat olive oil in a skillet over medium heat. Add mushrooms and saute 6-7 minutes, until golden and tender, seasoning with salt.

**Combine:** Drain the pasta, add to a large pan along with the alfredo sauce, toss, and gently warm over low heat. Add the mushrooms and toss to coat (leaving a few for the top for garnish if you like). **Garnish** with lemon zest, pepper, chili flakes and chopped parsley. Serves 2

**How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**



### **LIVE STREAM: ADORATION OF THE BLESSED SACRAMENT**

**THURSDAY, DECEMBER 31, 2020**

**3:00 P.M. - 4:00 P.M.**

### **LIVE STREAM: MARY, MOTHER OF GOD MASS:**

**FRIDAY, JANUARY 1, 2021 AT 11:15 A.M.**

### **Offering Envelopes**



### **SUNDAY OFFERING ENVELOPES 2021**

We have set up our Sunday offering envelopes for those who are already registered. For those who do not have envelopes and would like to obtain them, please call the office. If you had envelopes in the past and did not regularly use them, we have reclaimed those numbers and it can potentially be registered to someone else. We ask that you please, do not take envelopes if you will not use them regularly. **PLEASE DO NOT USE YOUR 2021 ENVELOPES UNTIL JANUARY 1, 2021: also include your name and full address on each envelope.**

Thank you for supporting St. Ambrose.