

St. Ambrose Catholic Church

Fr. Michael Machacek, Pastor

Fr. Brian Shea, In Residence



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, He is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours:

Monday, Wednesday, Thursday & Friday - 10:00 a.m. - 3:00 p.m.
Closed Tuesday, Saturday, Sunday & Statutory Holidays
To schedule an appointment, please call the office during business hours. (If planning to drop in between 12:00 noon & 1:00 pm please call before)

New Parishioners: Welcome to St. Ambrose! Registration Forms and Pre-Authorized Giving (PAG) Forms can be found on our website at www.stambroseparish.com under the **Contact** tab or you can email stambroseET@archtoronto.org

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding must contact the Pastor One year in advance and be registered with the parish. Please do not set the date until you have met with the Pastor. Marriage Information Guidelines can be found on the parish website, under "Sacraments".

Baptism

Baptisms for infants and young children are celebrated every 3rd Sunday of the month, immediately following the 11:00 a.m. mass. Baptism Registration and Preparation Instructions can be found on the parish website, under "Sacraments".

Anointing of the Sick and Care for the Elderly & Shut-Ins

If you or a loved one are in a hospital and wish for a visit from a priest for the sacrament of the anointing of the sick, please contact the Nurses' station and ask them to contact the "Priest on call". For other locations, please contact the parish office. Those who are confined to their homes by illness, infirmity or age, who would like to receive communion, please contact the office.

PARISH MINISTRIES

Altar Servers, Children's Liturgy, Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!

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Website www.stambroseparish.com • E-mail stambroseET@archtoronto.org



MASSES & INTENTIONS  JMJMonday, February 16, Family Day 

8:00 a.m. † Rolline Poete, req. by C. & K. McAuliffe

Wednesday, February 18, **Ash Wednesday**

8:00 a.m. † Mathurin Trud, req. by C. & K. McAuliffe

9:30 a.m. St. Ambrose School Para-Liturgy (Liturgy of the Word & Ash distribution - **not** a mass)

7:30 p.m.

Thursday, February 19

8:00 a.m. † Christophe Crevier
req. by Carol & Kevin McAuliffe

Friday, February 20

8:00 a.m.

Saturday, February 21, St. Peter Damian, Bishop & Doctor of Church

4:30 p.m. † Carmelo Barillaro
req. by Nancy Barillaro & Family

Sunday, February 22, First Sunday of Lent

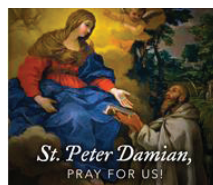
9:00 a.m. † Nick and † Mario Falcone
req. by Ida Falcone
† Francesco DelVicario, req. by Family
† Rosaria & † Antonio Sbrocchi and
† Antonio & † Rosamaria Cirelli
req. by Emma Cirelli11:00 a.m. † Gerry and † Beth Vinett
req. by Michael Henry

THE SEASON OF LENT -- *Lent is a 40-day period of preparation to **celebrate the Lord's Resurrection at Easter**. It is the season of Prayer, Fasting & Almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. During Lent, we reflect on the sacrifices of Jesus through our prayers, we serve others by giving alms, and we practice self-control through fasting & abstinence. We also recall the waters of Baptism in which we were baptized into Christ's death, died to sin & evil and began new life in Christ. A gentle reminder to all: **Good Friday is a day of fasting and abstinence.** The law of fasting binds those from 18-59 years of age. For the Fridays of Lent, every person 14 years of age and older must abstain from meat. *During Lent, we will celebrate THE STATIONS OF THE**



CROSS every Friday evening at 7:00 p.m. -- Friday February 20th until Friday, March 27th.

Please pray for a just Peace in the World



"Let us detach ourselves in spirit from all that we see and cling to that which we believe."

.....St. Peter Damian

WHAT ARE YOU GIVING UP FOR LENT? When

we give up something for Lent, we're ultimately going to experience that moment when we reach for the thing we gave up and realize that we may need to replace it with something else. The best Lenten advice is to prepare for that — to know that you're going to be tempted, and to have a plan for what you're going to do in that moment. So, when you consider what to give up this Lent, also plan for what you'll replace it with... Every time we say "no" to something, we're saying "yes" to something else — even if we don't realize it. Ideas you can say "yes" to while you say "no" to what you're giving up:

✚ If you're giving up social media: Replace it with reading the daily Mass readings, or a daily devotional, or replace it with listening to a podcast (like [the Pray More Novenas](#) or the [Bible in a Year](#) podcast). Text a friend about what you're reading. Put a picture of a short prayer as the background of your phone and pray it every time you reach for it.

✚ If you're giving up podcasts, tv shows, or movies: Replace it with watching or listening to Catholic talks that help you grow in your faith life, like the online Pray More Novenas' [Lenten Retreat](#), or [Formed videos](#), or daily homilies you can find online. Take the time you would have spent watching a show and pray the [Rosary](#) or the [Divine Mercy Chaplet](#), or visit the Lord in Eucharistic Adoration.

✚ If you're giving up complaining: Replace it with a journal of gratitude and praise for the Lord. Write down the little blessings you see around you throughout your day. Plan to share an encouragement or compliment with someone each day. Say prayers of gratitude every morning before getting out of bed and every night as you fall asleep.

✚ If you're giving up shopping for yourself: You can donate what you no longer need or volunteer your

time during Lent. You could visit a friend you haven't seen in a while, and ask them if they need something helpful before you drop by.

✝ If you're giving up any sort of food or drinks: You can replace it with a prayer for those who are hungry and in need. For people who are lonely or forgotten, or for the souls in Purgatory. You can volunteer to make a meal for someone you know or someone in your parish. Fasting is a way to make space for the Lord to work in our lives, so these sacrifices -- big or small -- give the Lord the opportunity to speak and it gives us the chance to respond to Him and be in relationship with Him. *Whatever you give up, we hope these suggestions will be helpful for you to have a fruitful Lent. God bless you! ... from "Pray More Novenas"*

ASH WEDNESDAY SCHEDULE

Wednesday, February 18th, 2026

8:00 a.m. Mass with distribution of Ashes



9:30 a.m. School Para-Liturgy for Students & Parents – Liturgy of the Word and the distribution of Ashes only, this is *not* a Mass)

7:30 p.m. Mass with distribution of Ashes

ST. AMBROSE PARISH – SUMMER DAY CAMP

St. Ambrose Parish is excited to offer a **Full-Day Summer Day Camp** for children in **Grades 1–8**.

- 📅 **Dates:** July 20–24 📍 **Location:** St. Ambrose Parish
- 🕒 **Full-Day Program** 💰 **Cost:** • \$125 Early Bird
- \$150 Regular Registration
- \$20 sibling discount for each additional child

Join us for a fun and faith-filled week of games, crafts, prayer, and group activities in a safe parish environment. **More details and registration coming soon.** 📧 Questions? Contact **Agnes, Youth Minister** at amirga@archtoronto.org

NEXT COFFEE SUNDAY -- Sunday, February 22nd



after both masses. *Cash Only* Come enjoy a warm cup of coffee, sweet treats, and good conversation as we gather in community. We would greatly appreciate **donations of sweet treats or other baked goodies**. As always, **all proceeds will go toward supporting our Youth Group**. Everyone is welcome — we look forward to seeing you there!

ST. AMBROSE CHILDREN'S LITURGY



Volunteer Search - We are looking for volunteers to help support our Children's Liturgy ministry. Whether you feel called to serve as a coordinator, teacher, or helper, your gifts would be a blessing to our parish children. If you would like more information or are interested in volunteering, please contact Fr. Michael or Vanessa/Murray at st.ambrosechildrenliturgy@gmail.com Please keep our children, volunteers, and the future of this ministry in your prayers.

Easter Event - Jesus is the Reason for the Season - Children's Liturgy Easter Celebration. Meet the Easter Bunny! Sunday, April 5th, 12-1 pm in the Parish Hall. This is a free event - no registration is required!

- * Every child aged 9 and under will receive a loot bag.
- * Free raffle draws will take place at 12:30 pm.
- * Light refreshments will be served.

We look forward to celebrating together!

2025 INCOME TAX RECEIPTS



2025 Parish Tax Receipts are being processed; you will receive them in the mail on or before Monday, March 2nd. Thank you for your generous support.



LAKESHORE YOUTH MINISTRY

EDGE – Friday, February 20th

LIFETEEN – Friday, February 27th



Prayer for the Sanctity of Family Structure

Holy Trinity, architect of humanity and archetype of the family, we ask you to **protect** the sacred and ancient structure of the family: man, woman, and child.

Guard the family from intellectual deconstruction, political redefinition, social dissonance, and persecution. Inspire the Church, both clergy and laity, to be **steadfast in defending**

marriage and family in their traditional form, and to advance this cause in public and in private with courage, humility, and love. We ask this through Christ, our Lord.

Amen.

HAPPY FAMILY DAY TO ALL, GOD BLESS YOU!



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