

FIFTH SUNDAY OF EASTER May 19, 2019

MASS INTENTIONS

Mon May 20		Sat May 25	
8:00 am	<i>Pro Populo</i>	4:30 pm	+Dorothy Stewart (Family)
			+Diane Allard (Family)
			+Zofia Szczepanik (Family)
Wed May 22			
8:00 am	<i>For the Poor</i>	Sun May 26	
		9:00 am	+Elisabetta Piedimonte (Family)
Thurs May 23			+Luigi Melfi (Ida Falcone)
8:00 am	<i>For the Unborn</i>		+Pasquale Falcone (Capobianco Family)
Fri May 24			
8:00 am	<i>For the Sick</i>	11:00 am	+Filomena Nait (Italia Aceto & Family)
			+Angelo Garcia (Maria Garcia)
Sat May 25			+Manuel & +Gloria Garcia (Maria Garcia)
8:00 am	<i>FOR THE SOULS IN PURGATORY</i>		+Silvio Saravo (Family)



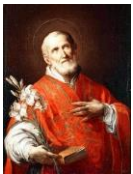
**The Sanctuary Lamp burns for 7 days
in memory of Diane Allard**



Please note the parish office will be closed for Victoria Day on Monday, May 20, 2019, and will re-open on Wednesday, May 22, 2019. Have a safe holiday Monday with your family & friends.



Totus Tuus Summer Camp is Coming to St. Ambrose! Youth of the parish are invited to join us for Totus Tuus this summer from **August 6 to August 9, 2019**. Totus Tuus (Latin for Totally Yours) is an Archdiocesan camp program whereby seminarians and college students travel to different parishes, spreading the Good News of our Lord through catechetical instruction, Mass, confession, songs and games! The day camp, for children entering grades 1-6, runs Tuesday-Friday from 9:00am-2:30pm. The evening program for Grades 7-12 runs Tuesday-Friday from 7:00p.m.-9:00pm. The cost is only \$50.00 per person for the week. To register or for more information, please contact **MaryAnne Nigli, email: maryanne.n23@gmail.com Phone: 416-618-0486**. More information about the camp is also available at totustuutoronto.ca.



COMITATO SAN FILIPPO NERI OF TORONTO

Comitato San Filippo Neri of Toronto invites the Parish community to participate on the Novena to Honor our patron Saint at Christ the King Church located at 3674 Lakeshore Blvd W., on the following dates: May 20, 21, 22, 23 with Holy Mass at 8:00 p.m. and distribution of the blessed bread followed by refreshments in the parish hall. On May 24, mass will be celebrated at 7:00 p.m. and right after procession on the church grounds (weather permitting). Come and join us on this joyous occasion. On Sunday, May 26 there will be Holy Mass at 9:00 a.m. and distribution of the blessed bread at 1:00 p.m. A Gala Dinner and Dance will be held at the Treport Banquet Hall located at 1075 The Queensway Ave E., Mississauga, ON. Tickets: Adults \$70.00 and children under 12 \$35.00. Buy your tickets in advance from the committee members or Filippo Finelli at 647-885-0997.

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HONORING GOD'S CREATION: Plant-Based Recipe!

The recipe below is in keeping with God's creation intent (Genesis 1:29): Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food." (NIV)

Let no animal suffer or die that we may live! Continue with your vegan

journey and make a Plant-Based Meal! Try this recipe:

TOMATO & WHITE BEAN SALAD

Ingredients

For the salad dressing

60 ml (4 Tbsp) [extra virgin olive oil](#)

40 ml (2 Tbsp + 1 tsp) lemon juice

Salt & pepper

For the salad

150 g (1 cup) cherry tomatoes halved

1 Tablespoon [quick pickled onions](#)

2 Tablespoons chopped fresh parsley

375 g (2 cups) cooked cannellini beans

Instructions

To make the salad dressing

Place the lemon juice and olive oil in a small jar with a lid.

Season well with salt and pepper. Shake well to combine the ingredients, then set aside.

To assemble the salad

Place the tomatoes, parsley and pickled onions into a medium bowl.

Stir thoroughly to combine. Add the beans to the bowl. Pour over the dressing.

Gently toss everything together. Stir the salad gently as the beans will break up if you are too vigorous.

Serve & enjoy!

How to Go Vegan? The best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



Feature length documentary ***A Prayer for Compassion, June 2, 2019*** at St. Ambrose Church hall @ 3:00 p.m. This film strives to inspire and encourage those already on a religious or spiritual path, to expand their circle of compassion to embrace all life, regardless of species, and make choices in

alignment with this value. No charge but free will offering accepted. Please R.S.V.P. by email stambrose.office@gmail.com or call the office 416-251-8282. *Fr. Donatello has received the licensing from the director and producer of this production.* For more information about the film go to www.aprayerforcompassion.com



ST. AUGUSTINE'S LAY SPIRITUAL FORMATION PROGRAM PRESENTS...

Dr. Josephine Lombardi **Day of Reflection for Women** Women, Full of Grace: Identity, Community and Purpose **Date:** June 1, 2019 **Time:** 9:30 a.m. – 3:00 p.m. (includes Mass in the seminary chapel) **Cost: \$50.00** (lunch included) Register online:

www.staugustines.on.ca **Phone:** 416-261-7207, ext. 235 **Email:** layspiritualformation@sastoronto.org



2nd COLLECTION: There will be a second collection next weekend **May 25th & May 26th** for **The Pope's Pastoral Works**. The Pope's Pastoral Works collection was established by the bishops of Canada in 1970. The funds collected help the Pope contribute to charitable causes around the world, particularly toward aiding victims of war, famine and natural disasters.