

# FOURTH SUNDAY OF ADVENT December 22, 2019

## MASS INTENTIONS

<b>Mon Dec 23</b>		<b>Sat Dec 28</b>	
<b>8:00 am</b>	<i>For the Poor</i>	<b>4:30 pm</b>	+David Furtado (Family)
<b>Tues Dec 24</b>	No 8:00 am mass		+Carmel Goff (Family)
<b>Christmas Eve</b>	Mass at 7:00pm & 11:00pm		+Joe Andreazza (Family)
<b>Wed Dec 25</b>			
<b>Christmas Day</b>	Mass at 9:00am & 11:00am		
		<b>Sun Dec 29</b>	
<b>Thurs Dec 26</b>		<b>9:00 am</b>	+Piotr Szczepanik (Family)
<b>8:00 am</b>	+Matteo Pinto Feast of St. Stephen		
<b>Fri Dec 27</b>			
<b>8:00 am</b>	<i>For the Unborn</i>	<b>11:00 am</b>	+Angelo Garcia (Maria Garcia) +Manuel & +Gloria Garcia (Maria Garcia) +Robert DeHart (Family)
<b>Sat Dec 28</b>			
<b>8:00 am</b>	PRO POPULO		



The Sanctuary Lamp burns for 7 days  
in memory of Filomena Nait



The Marian Lamp burns for 7 days  
in memory of Aldo & Nilma Mezzavilla



### THE ADVENT WREATH

**4<sup>th</sup> Candle** – (purple) **THE ANGEL CANDLE OR THE CANDLE OF LOVE** – The angels announced the good news of a Savior. God sent his only Son to earth to save us, because he loves us! (John 3:16-17)

**5<sup>th</sup> Candle** – (white) **“CHRIST CANDLE”** – The white candle reminds us that Jesus is the spotless lamb of God, sent to wash away our sins! His birth was for his death, his death was for our birth! (John 1:29)



### CHRISTMAS SCHEDULE

#### Christmas Eve

Tues. Dec 24, 2019  
7:00pm & 11:00pm  
NO 8:00AM MASS

#### Christmas Day Mass

Wed. Dec 25, 2019  
9:00am & 11:00am

#### Solemnity of Mary, Mother of God

Tues. Dec 31, 2019  
4:30pm Vigil Mass

Wed. Jan 1<sup>st</sup>, 2020  
9:00am & 11:00am

## FOURTH SUNDAY OF ADVENT December 22, 2019



### **Ideas for Christmas Dinner!! WHOLE ROASTED CAULIFLOWER**

#### **Ingredients**

4 cloves of garlic  
1 teaspoon smoked paprika  
½ a bunch of fresh thyme, (15g)  
olive oil  
1 lemon  
1 large cauliflower, with outer leaves (1kg)  
4 tablespoons dry sherry  
1 x 400 g tin of quality plum tomatoes  
40 g flaked almonds  
½ a bunch of fresh flat-leaf parsley, (15g)  
extra virgin olive oil

#### **Instructions**

Preheat the oven to 180°C/350°F. Peel the garlic, then add to a pestle and mortar with the paprika and half the thyme leaves. Bash well to a rough paste, then muddle in 2 tablespoons of olive oil and season. Zest the lemon into a separate bowl and set aside. Trim the outer cauliflower leaves. Trim away and discard the stalk so the cauliflower can sit flat, then cut a cross into the base. Rub the paprika paste all over the cauliflower, then place in a medium casserole pan. Drizzle over the sherry and squeeze the lemon juice on top. Cover and pop in the hot oven for around 1 hour 20 minutes, or until tender, removing the lid for the final 20 minutes. Remove the pan from the oven, then pour in the tomatoes, tearing or slicing them up into chunks. Sprinkle over the lemon zest and pick over the remaining thyme leaves. Return the pan to the oven for a further 10 minutes, or until the cauliflower is golden. Meanwhile, toast the almonds in a dry frying pan over a medium-low heat until golden, then leave to cool. Once ready, take the pan out of the oven. Scrunch over the toasted almonds, then pick, roughly chop and scatter the parsley leaves on top. Drizzle with extra virgin olive oil, then carve up and serve with pilaf rice and steamed greens, or as part of a bigger spread.

#### **How to Go Vegan? The best resources for Fun and Easy Transition:**

<https://www.kinderworld.org/how-to-go-vegan/>



Do you or does a loved one experience same-sex attraction? **Courage** (Spiritual support for adults who experience same-sex attraction and who desire to develop a life of interior chastity in union with Christ) & **Encourage** (Spiritual support for family and friends of those who experience same-sex attraction; faithful to Church teaching on chastity) provide spiritual support and pastoral guidance in full accordance with authentic Catholic teaching on homosexuality and chastity. For more information, please contact 416-928-5094 to speak to either Fr. Kevin Belgrave (**Courage**) or via email at [couragetoronto@yahoo.ca](mailto:couragetoronto@yahoo.ca) or Fr. Eric Rodrigues (**Encourage**) via email at [encouragetoronto@yahoo.com](mailto:encouragetoronto@yahoo.com)



#### **MERRY CHRISTMAS!**

**May the Nativity of our Lord open our hearts to his tender love and mercy, so that we may manifest his light and joy to others. On behalf of Fr. Donatello Iocco, may you have a blessed Christmas with your family and friends.**