

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



FOURTH SUNDAY OF EASTER April 25, 2021



<i>Mon Apr 26</i>		<i>Sat May 1</i>	
<i>8:00 am</i>	<i>For The Poor</i>	<i>4:30 pm</i>	+Pietro Franchino (Family)
			Mary & Ernie Ungaro
			Living Intention (45th Wedding Anniversary)
<i>Wed April 28</i>			
<i>8:00 am</i>	<i>For The Lonely & Afraid</i>		
<i>Thurs Apr 29</i>		<i>Sun May 2</i>	
<i>8:00 am</i>	<i>Pro Populo</i>	<i>9:00 am</i>	For the Parishioners of St. Ambrose
<i>Fri Apr 30</i>		<i>11:00 am</i>	
<i>8:00 am</i>	<i>For the Unborn</i>		+Rose Vallance (Sue O'Connor)
			May & Rigo Gutierrez-Living Intention
			Marie & Theo Milovan-Living Intention
			(Betty DeBlois & Family)



The Sanctuary Lamp burns for 7 days for the living intention of Mary & Ernie Ungaro celebrating their 45th Wedding Anniversary



Fourth Sunday of Easter - April 25, 2021

This is World Day of Prayer for Vocations. The world needs leaders with courage and integrity. The Church needs good leaders as well, leaders who will unselfishly care for the needs of God's people and minister to them. If you feel God is calling you to priesthood, religious life or diaconate, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto** at 416-968-0997. Email vocations@archtoronto.org www.vocationstoronto.ca

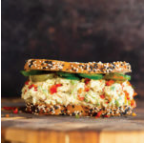


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away or deeply engaged, at the parish or on the go, **FORMED** helps you reach your flock anytime, anywhere. To register please enter www.stambroseparish.formed.org or go to our website.

FOURTH SUNDAY OF EASTER April 25, 2021



Ideas for a Delicious Plant-Based Meal Jalapeno Popper Chickpea Salad Sandwich

Ingredients

Dip ingredients:

1/2 cup Silken or firm tofu or 1/4 cup raw cashews soaked in hot water for 15 mins for soy free
1 tsp lemon juice
1/4 tsp salt
1/4 tsp garlic powder
1 tbsp nutritional yeast or 1/2 tsp prepared mustard
4 slices pickled jalapeno
2-3 tbsp water

For chickpeas:

15 oz can of chickpeas or 1.5 cups cooked
1/4 cup chopped celery
1/4 cup chopped red bell pepper
2 tbsp chopped green onion
1/4 tsp black pepper
2 tbsp chopped fresh jalapeno (remove seeds to reduce heat if needed)

To Assemble:

4 bread slices (use Gluten free bread for gf or serve in a bowl with crunchy greens and veggies)
Greens like spinach cucumber, or other fresh veggies
Sliced jalapeno or pickled jalapeno

Instructions

Blend all the dip ingredients until smooth in a blender. Add a tbsp water if needed.
Mash the cooked chickpeas in a bowl until mostly mashed with a few whole ones left.
Add in the rest of the chickpea salad ingredients including the tofu dip and mix really well. Chill for 15 mins
Taste and adjust salt and flavor as needed. Add something sweet like dried cranberries or raisins if you like or toasted cashews.
To assemble, prepare sandwich bread or wrap. Add a good helping of chickpea sandwich mix. Top with pickled jalapeños.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



TO ALL PARISHIONERS:

Please note: due to the new restrictions, public masses are temporarily cancelled. The church will remain open for private prayer only: Monday, Wednesday, Thursday & Friday from 7:00am-12:00pm and on Sunday from 8:00am-10:30am. Closed on Tuesdays and Saturdays. The office will be closed, please call or email for assistance. **Phone:** 416-251-8282 **Email:** rose@stambroseparish.com. However, **Fr. Donatello will be celebrating Sunday Mass Live Stream on Youtube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:00am.** For more information please visit our website at stambroseparish.com



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