St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



MASS TIMES

Sunday Liturgy			
Saturday (Vigil)	4:30 pm		
	Family Mass with Youth Choir		
Sunday	9:00 am	Cantor & Organ	
	11:00 am	Choir & Organ	
Daily Mass			
Monday-Friday	8:00 am (no	8:00 am (no Mass Tuesdays)	
Devotions			

Holy Hour Eucharistic Adoration First Friday 8:30 am - 9:30 am "Can you not watch an hour with me?" Matthew 26:40 Holy Rosary Monday - Saturday 7:30 am Divine Mercy Chaplet Monday - Saturday 8:30 am Devotion to Our Lady of Perpetual Help Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries. **Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, *He is food.*

- St. Ambrose

SACRAMENTS

Reconciliation Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!

782 Brown's Line, Toronto ON M8W 3W2 • Phone: 416-251-8282 Fax: 416-251-4400 Website: www.stambroseparish.com E-mail: rose@stambroseparish.com, stambrose.office@gmail.com



15 - 4

MASS	R
INTENTIO	NS

Mon Jan 11		Sat Jan 16	
8:00 am	+Adriano Tolentino (1st Anniversary of	4:30 pm	+Joe Andreazza (Family)
	his passing)		+Luigi Franchin (Mezzavilla Family)
Wed Jan 13			
8:00 am	For The Unborn		
		Sun Jan 17	
		9:00 am	+Catherine Butkovic (Family)
Thurs Jan 14			+Antonio Varone (Josie Marinos &
8:00 am	Pro Populo		Family)
			+Ruby Franchin (Mary & Loretta
			Franchin & Family)
Fri Jan 15			
8:00 am	For the Lonely & Afraid	11:00 am	Manuel Linsao & Family - Living
			Intention (Aurora Bringas & Family)
			Arturo & Thelma & Family - Living
			Intention (Manuel Linsao & Family)





The Marian Lamp burns for 7 days in memory of Nicoletta Meffe

The Baptism of the Lord - January 10, 2021

As John the Baptist introduced the people of his time to Jesus "a voice from heaven said, 'This is my Son, the Beloved, with whom I am well pleased.'" Perhaps God is calling you to do the same in our time as a priest, deacon, or religious. If God is calling you, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email:** <u>vocations@archtoronto.org</u> www.vocationstoronto.ca



ST. AMBROSE FORMED

FORMED on Demand is the revolutionary digital platform that gives you unprecedented access to

video-based study programs, feature films, audio presentations and eBooks from the Church's foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, **FORMED** helps you reach your flock anytime, anywhere. To register please enter www.stambroseparish.formed.org or go to our website.



Ideas for a Delicious Plant-Based Meal Cabbage, Potatoes, and White Beans (Vegan & Gluten Free)

Ingredients 3 small golden potatoes

1 Tbsp extra virgin olive oil

1/2 onion, diced

1 15-oz can white beans, rinsed and drained

1 tsp ground coriander

1/4 tsp ground sage

1/2 tsp dried thyme

1 small savoy cabbage (approx. 8 cups sliced)

pinch salt

freshly ground black pepper

Instructions

-Wash the potatoes well, and cut them into small 1-centimeter cubes. Heat the oil in a large skillet over medium heat, then add the potatoes and cook, tossing occasionally until they are starting to brown, about 8 minutes.

-Add the onion and cook for a few minutes until softened. Add the beans and cook until they brown just a bit, about 5-7 minutes. When they're nearly done, add the coriander, sage, and thyme, and toss together.

-While the veggies cook, cut the cabbage in half, then slice it into 1-centimeter strips. Add the cabbage to the skillet, cover, and let steam for a few minutes. Remove the lid cook until the cabbage is softened but still a bit crunchy, tossing frequently. Add salt and pepper to taste, and serve immediately. If you grind peppercorns using a pepper mill, you'll experience a flavor explosion. I highly recommend not skipping this as the pre-ground stuff is not nearly as tasty as freshly ground black pepper. Serves 4.

How to Go Vegan? The Best resources for Fun and Easy Transition: <u>https://www.kinderworld.org/how-to-go-vegan/</u>



TO ALL PARISHIONERS:

St. Ambrose Parish will be open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am – 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. Since there is no public mass, Fr. Donatello will be celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m. For more information and the link to the YouTube channel please visit our website at stambroseparish.com



The Magnificat Team invites you to join in this month's **Rosary Blanket of Prayer** with a Zoom Rosary on **Monday**, **January 11 at 2:00 pm**. This invitation is part of a Magnificat ministry-wide initiative where each chapter takes one day of the month to pray the Rosary. The 11th day of each month is the day for our Magnificat Toronto Chapter. The Team hopes that many of you

will join in. We will pray for an end to this pandemic, for those who are sick and who have died from the virus and for those grieving the loss of loved ones, for victims of racism, violence and persecution, for family, marriage, the sanctity of life, the Church, a New Pentecost, for bishops, priests, deacons and seminarians, Magnificat and for peace in the world. **Click link below to join the Zoom Rosary:**

