

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!

782 Brown's Line, Toronto ON M8W 3W2 • Phone: 416-251-8282 Fax: 416-251-4400
Website: www.stambroseparish.com E-mail: rose@stambroseparish.com, stambrose.office@gmail.com



FOURTEENTH SUNDAY IN ORDINARY TIME July 3, 2022

MASS INTENTIONS

<i>Mon Jul 4</i>		<i>Sat Jul 9</i>	
<i>8:00 am</i>	For the Poor	<i>4:30 pm</i>	+Robert Crowwell (Cathy & Patti DeAngelis)
<i>Wed Jul 6</i>		<i>Sun Jul 10</i>	
<i>8:00 am</i>	+Lina Rizzuti	<i>9:00 am</i>	+Nicola Falcone (Family)
<i>Thurs Jul 7</i>		+Tony, Mario & +Nick Falcone	
<i>8:00 am</i>	Pro Populo	+Franco & +Giuseppe Caronchia (Maria Caronchia)	
		+Letizia & +Ergolo Vento (Family)	
<i>Fri Jul 8</i>		<i>11:00 am</i>	
<i>8:00 am</i>	For the Sick	+Mario De Matta (Family)	
		+Victoria Borgonia (Family)	



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www.stambroseparish.formed.org or go to our website.



HOSTING A UKRAINIAN FAMILY

If you are interested in supporting the "Parish Sponsorship Program" of a Ukrainian family, please email or call the office. **Email:** rose@stambroseparish.com or call the parish office at 416-251-8282



Ideas for a Delicious Plant-Based Meal Pizza with Artichokes, Olives, Tomatoes, and Dairy-Free Cheese

Ingredients

Dough

¾ cup lukewarm water
2¼ teaspoons instant yeast
2 teaspoons cane sugar
2 cups all-purpose flour
1 teaspoon salt
2 tablespoons olive oil

Toppings

1 large head of garlic, roasted
2/3 cup dairy-free pesto or pizza sauce
2/3 cup dairy-free mozzarella, shredded
½ cup marinated artichoke hearts
½ cup sun-dried tomatoes
½ cup green olives halved
1 handful arugula
Dairy-free parmesan, optional

Instructions

For the Dough

-Combine the warm water, yeast, and cane sugar in a small mixing bowl. Cover with a clean towel and set aside for 10 minutes to bloom.

-In the meantime, whisk the flour and salt together in another large mixing bowl. Once the yeast looks frothy, add the olive oil and yeast mixture to the bowl of dry ingredients.

-Mix together with a spatula. When you can no longer mix well with the spatula, coat your hands with a little oil to prevent the dough from sticking. Knead together until it is smooth and elastic, about 7-8 minutes.

Coat the surface of the dough and a large mixing bowl with a little more olive oil, then add the dough to the bowl and cover with a clean towel. Let rise for 60-90 minutes in a warm place (like your oven with the light on).

Serves 4

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan/>



MASS FOR THE FAITHFUL DEPARTED

Our Annual Mass for the Faithful Departed will be celebrated on **Wednesday, August 17, 2022 at 7:00 p.m.** Masses throughout the GTA and Barrie will take place for the souls of the deceased buried at our Catholic Cemeteries. **Assumption Cemetery, Mississauga – Christ the King Cemetery, Markham – Holy Cross Cemetery, Thornhill – Mount Hope Cemetery, Toronto – Queen of Heaven Cemetery, Woodbridge – Resurrection Cemetery, Whitby – St. Mary's Cemetery, Barrie.** **IN THE EVENT OF RAIN:** Mass will be held in Our Lady of Fatima Mausoleum at Assumption, Holy Family Mausoleum at Holy Cross, St. Anthony's Mausoleum at Queen of Heaven and the main Mausoleum at Resurrection Cemetery. Christ the King will celebrate Mass in the Reception Centre. Mount Hope Cemetery to St. Monica's Parish at 44 Broadway, Toronto and St. Mary's Cemetery to St. Mary's Parish, 65 Amelia St, Barrie. For more information contact the cemetery office or the Central Business Office and speak to Amy Profenna at 416-733-8544, ext. 2031 or 1-800-974-4619 or visit our website at catholic-cemeteries.com



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