

# NATIVITY OF THE LORD (CHRISTMAS) December 25, 2020



<b>Mon Dec 28</b>		<b>Sat Jan 2</b>	
<b>8:00 am</b>	<i>Pro Populo</i>	<b>4:30 pm</b>	+Josephine Bondi (Family) +Ruby Franchin (Mezzavilla Family)
<b>Wed Dec 30</b>		<b>Sun Jan 3</b>	
<b>8:00 am</b>	<i>For The Unborn</i>	<b>9:00 am</b>	Rose Fuoco (Living Intention) (Family & Friends)
<b>Thurs Dec 31</b>		<b>11:00 am</b>	
<b>8:00 am</b>	<i>For the Poor</i>		<i>Pro Populo</i>
<b>Fri Jan 1</b>			
<b>8:00 am</b>	<i>For the Lonely &amp; Afraid</i>		



## Nativity of the Lord - December 25, 2020

We celebrate the birth of our Lord into our world; however, many have not received the birth of our Lord into their hearts. If Christ lives in your heart and you would like to help others discover the Lord, you may be called to be a priest, religious, or permanent deacon. If God is calling you, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)**



### TO ALL PARISHIONERS:

St. Ambrose Parish will be open only for prayer from Monday through Friday from 7:00am - 11:00am and on Sundays from 8:00am - 10:30am. Closed on Tuesdays and Saturdays. Confession by appointment only. Please call the office at 416-251-8282. **Since there is no public mass, Fr. Donatello will be celebrating Sunday Mass Live Stream on YouTube. Subscribe to St. Ambrose Toronto channel. Mass will be celebrated on Sundays at 11:15a.m.** For more information and the link to the YouTube channel please visit our website at [stambroseparish.com](http://stambroseparish.com)



**MERRY CHRISTMAS!** May the Nativity of our Lord open our hearts to his tender love and mercy, so that we may manifest his light and joy to others. On behalf of **Fr. Donatello Iocco**, may you have a blessed Christmas and a Happy New Year.

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## **Ideas for a Delicious Plant-Based Meal**

### **BUTTERNUT SQUASH MAC AND CHEESE (Vegan, Nut Free, Soy Free)**

#### **Ingredients**

500g penne or your favourite shape of pasta  
2 cups roasted butternut squash  
½-¾ cup unsweetened plant based milk of choice  
1 tbsp tapioca or cornstarch  
¼ cup nutritional yeast  
½ tsp onion powder  
½ tsp garlic powder  
½ tsp paprika  
1 tsp Dijon mustard  
1 tsp apple cider vinegar  
2 tbsp olive oil  
½ tsp - 1 tsp sea salt + extra to taste  
pinch of cayenne (optional)  
¼ cup vegan parmesan cheese (optional)  
¼ tsp red pepper chili flakes (optional)  
1 tbsp parsley, chopped

#### **Instructions**

Bring a large stockpot of salted water to a boil.

In the boiling water, cook pasta as directed on the package.

Meanwhile, in a blender add butternut squash, ½ cup soy milk, starch, nutritional yeast, onion powder, garlic powder, mustard, lemon juice, olive oil, salt and paprika.

Blend until smooth. Add more soy milk as needed.

Season to taste with salt and cayenne.

Place into a small saucepot, over medium heat and cook, stirring constantly until sauce has heated through.

Drain pasta in a colander and transfer back into the stockpot.

Add the cheese-sauce to the pasta, along with vegan parm if using, and stir until combined.

Serve pasta topped with vegan parmesan cheese, chili flakes and parsley.

\*How to Roast a butternut Squash: Preheat oven to 350F. Halve 1 large or 2 small butternut squashes and place them on a baking sheet flesh side up. Drizzle some oil over the squash, and season with a bit of salt and pepper. Roast for 45-50 minutes, or until the squash is golden brown and/or tender.\* Serves 4.

**How to Go Vegan? The Best resources for Fun and Easy Transition:**

**<https://www.kinderworld.org/how-to-go-vegan/>**



## **CHRISTMAS SCHEDULE**

### **LIVE STREAM**

**LIVE STREAM CHRISTMAS EVE MASS:  
THURSDAY, DECEMBER 24, 2020 AT 7:00 P.M.**

**CHRISTMAS DAY MASS:  
FRIDAY, DECEMBER 25, 2020 AT 11:15 A.M.**

**LIVE STREAM: ADORATION OF THE BLESSED SACRAMENT  
THURSDAY, DECEMBER 31, 2020 3:00 P.M. - 4:00 P.M.**

**MARY, MOTHER OF GOD MASS:  
FRIDAY, JANUARY 1, 2021 AT 11:15 A.M.**