# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



## **Mission Statement:**

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

#### MASS TIMES

Sunday Liturgy

Saturday (Vigil) 4:30 pm

Family Mass with Youth Choir

Sunday 9:00 am

Cantor & Organ Choir & Organ

11:00 am **Daily Mass** 

Monday-Friday 8:00 am (no Mass Tuesdays)

**Devotions** 

Holy Hour Eucharistic Adoration First Friday 8:30 am - 9:30 am

"Can you not watch an hour with me?" Matthew 26:40 Holy Rosary Monday - Saturday 7:30 am Divine Mercy Chaplet Monday - Saturday 8:30 am

Devotion to Our Lady of Perpetual Help

Wednesdays 8:45 am

#### BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

## **PARISHIONERS**

Please contact the parish office to update address/phone #s or to volunteer in ministries.

**Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm

Closed Tues, Sat, Sun

#### **New Parishioners**

Welcome! To register please call the office or email rose@stambroseparish.com.

## **SACRAMENTS**

#### Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

#### **Sacrament of Baptism**

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

# Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

## **Religious Instruction**

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

#### **PARISH MINISTRIES**

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME **YOU** TO JOIN US!

**782 Brown's Line, Toronto ON M8W 3W2** • **Phone:** 416-251-8282 **Fax:** 416-251-4400 **Website:** www.stambroseparish.com **E-mail:** rose@stambroseparish.com, stambrose.office@gmail.com



	MAS	STIONS	
Mon Nov 29		Sat Dec 4	
8:00 am	+Emilio Alcaraz (Friends)	4:30 pm	+Emilio Alcaraz (Friends)
	+Eduardo Cunha (Family)		
Wed Dec 1			
8:00 am	+Emilio Alcaraz (Friends)		
		Sun Dec 5	
Thurs Dec 2		9:00 am	+Graziano & +Carmela Abbruzzese
8:00 am	+Emilio Alcaraz (Friends)		(Ida & Biagio Abbruzzese)
		11:00 am	+Roberto De Torre (Paolo & Vittoria
Fri Dec 3			De Torre)
8:00 am	+Emilio Alcaraz (Friends)		+Mario De Matta (Family)
			+Angelo Garcia (Maria Garcia)
			+Manuel & +Cizaltina Pereira (Maria)
			In Thanksgiving for Blessings
			Received (Lupe Picio)



# The Sanctuary Lamp burns for 7 days in honour of St. Anthony



## THE ADVENT WREATH

1st Candle – (purple) THE PROPHECY CANDLE OR CANDLE OF HOPE – We can have hope because God is faithful and will keep the promises made to us. Our hope comes from God. (Romans 15:12-13)



# **ATTENTION PARENTS:**

<u>First Holy Communion:</u> If your child is in grade 2 and receiving their First Holy Communion there will be a <u>Mandatory Information meeting and drop off Registration form with payment on Saturday, December 18,</u>

2021 at 10:00am. First Holy Communion mass: Saturday, May 28, 2022 Time: TBA

<u>Confirmation:</u> If your child is in grade 7 and receiving their Confirmation there will be a Mandatory Information meeting and drop off Registration form with payment on Saturday, December 11, 2021 at 10:00am. Confirmation mass: Saturday, June 4, 2022 at 10:00am.

As part of their catechism preparation children who will be receiving the sacraments of First Holy Communion and Confirmation are required to attend Sunday mass. If your child attends Private/Public School please call the office for more information. To register please go to our website at <a href="www.stambroseparish.com">www.stambroseparish.com</a> click on Forms and download Registration Form. Also, please read attached letter. Please type all information, hand written forms are not accepted.

# FIRST SUNDAY OF ADVENT November 28, 2021



# Ideas for a Delicious Plant-Based Meal Sun Dried Tomato Alfredo Pasta

### **Ingredients**

- 1 tablespoon olive oil
- 3 cloves garlic, crushed
- 1 tablespoon dried oregano
- 1/2 cup sun dried tomatoes packed in oil, divided, blot the oil and chop fine
- 2 tablespoons arrowroot flour, can also use regular gluten free all-purpose flour
- 1 1/2 cup unsweetened almond milk
- 2 tablespoons tomato paste
- 1/4 cup vegan parmesan
- 1 box | 8 oz dried chickpea pasta, any shape pasta
- 1 handful fresh basil, chopped

## **Instructions**

Prepare pasta according to package instructions. Once cooked, drain and set aside.

Warm olive oil in a large sauce pan or skillet. Add the garlic and sauté for one minute. Stir in oregano, half of the chopped sun dried tomatoes (the rest will be added in at the end) and the flour and cook another minute. Stir in the almond milk and bring to a simmer and let thicken two minutes. Stir in the tomato paste and the vegan parmesan.

Transfer the sauce to a blender and process for a minute or two until you have a smooth, creamy texture. You can also blend this using a stick blender.

Pour the creamed sauce back into the pan/skillet and stir in the cooked pasta and the remaining chopped sun dried tomatoes. Top with the fresh basil and additional parmesan if desired. Serves 4, Enjoy.

How to Go Vegan? The Best resources for Fun and Easy Transition: <a href="https://www.kinderworld.org/how-to-go-vegan/">https://www.kinderworld.org/how-to-go-vegan/</a>

# **CWL MEMBERSHIP**



**CWL** membership fee of \$20.00 now due. Please place envelope clearly marked "CWL Membership Dues" in the collection plate or contact Pat Bester, Membership Convenor (416) 252-3852. Hope to have all membership dues in by middle of Dec. Our support of the CWL is vital at this time if we are to continue to have a voice in the church, a voice with the Canadian Conference

of Catholic Bishops, a voice with the Federal Government through resolutions, a voice with the World Union of Catholic Women's organizations and a voice to express our concerns in developing countries. Our new theme says it all "Catholic and Living It". **Thank you for your continued support.** 



# **FAITH CORNER**

Saint Francis of Paola, whose feast day is April 2, was devoted to living a humble life and wanted nothing more than to be the "least in the household of God." But, as is often the case when we humans try to write our own destinies, God had other plans. He bestowed on Francis the gifts of prophecy, healing, and miracle-working. And much like the better-known Francis his parents named him after, Francis of Paola didn't reserve his God-given talents just for

humans. He knew that he was to be a healer of all creation.

Saint Francis of Paola pray for us.





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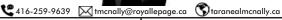
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