

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



THIRTY-SECOND SUNDAY IN ORDINARY TIME Nov 7, 2021



<i>Mon Nov 8</i>		<i>Sat Nov 13</i>	
<i>8:00 am</i>	+Jan Forczek <i>(Daughter Krystyna Merwart & Family)</i>	<i>4:30 pm</i>	+Luigi Franchin (Mary Franchin) +Michelle Cotoia (Annette Cotoia & Family)
<i>Wed Nov 10</i>			+Rose Simas & Deceased Family Members (Maria Korth)
<i>8:00 am</i>	+Antonio Roxas (Nanette deVera)		
		<i>Sun Nov 14</i>	
		<i>9:00 am</i>	+Franco & +Giuseppe Caronchia (Maria Caronchia)
<i>Thurs Nov 11</i>			+Vito Colaianni & Family
<i>8:00 am</i>	Pro Populo		+Salvatore DiSumma (DiSumma Family)
<i>Fri Nov 12</i>			
<i>8:00 am</i>	For the Lonely & Afraid		
		<i>11:00 am</i>	For the Unborn



The Marian Lamp burns for 7 days in memory of **Giuseppina DePalma**



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SHEPHERDS' TRUST COLLECTION – NOVEMBER 13 & 14, 2021

As members of our Catholic community, we regularly benefit from the tireless service of our priests. Called by God and ordained to care for His people, our priests serve our families, in churches, schools, hospitals, nursing homes, missions and on the streets. The Shepherds' Trust ensures our priests can live their retirement years with dignity. For many retired shepherds, this means "lending a hand" to accommodate their special needs so that they continue to live with dignity. **The Shepherds' Trust collection will take place in all parishes in the Archdiocese during the weekend of November 13 and 14.** Envelopes will be provided for you at both entrances of our parish. This fund does more than just support our priests in their retirement years; it is a tangible way to care for those who cared for us and give thanks for the blessings we have received through them. **Your generosity is greatly appreciated.**



Ideas for a Delicious Plant-Based Meal **VEGAN STUFFED MUSHROOMS**

INGREDIENTS

18-20 medium bite sized mushrooms (about 1 ½") (crimini or white button), stems removed and finely chopped or minced
2 small shallots, minced
2 cloves garlic, minced
2 tablespoons hulled hemp seeds
1 tablespoon fresh thyme (or 1 teaspoon dried) 1 teaspoon sea salt
1 tablespoon nutritional yeast
2-3 tablespoons vegan Parmesan cheese for topping, optional

INSTRUCTIONS

Prep oven: Preheat the oven to 375F and line a baking tray with a silicone baking mat or parchment paper.
Prep mushrooms: Clean your mushrooms and gently separate the stem from the cap. You should be able to just give it a little twist, but if yours are stubborn, using a paring knife.

Chop veggies: Finely chop the mushroom stems till they almost look like they've been minced or finely grated. You'll want to have finely chopped or minced your shallots and garlic as well.

Cook shallots and mushroom stems: In a medium nonstick skillet, saute the minced shallots and mushroom stems for 2-3 minutes over medium high heat. If you want to use a little oil to do this, use a neutral high heat oil like grapeseed, or you can just use a little water or vegetable broth. Stir frequently to keep anything from burning.

Cook garlic, hemp seeds, and thyme: Next, add the garlic and saute for another minute, stirring frequently. Then add the hemp seeds and thyme and cook for another minute, stirring at the same rate. Now add the nutritional yeast and saute for another minute, continuing to stir frequently. Finally, add the salt, stir well, and remove from heat.

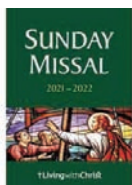
Fill mushrooms: Place your mushroom caps upside down on a lined baking tray. If you'd like, give them a spray or spritz of oil, this will soften and moisturize them, but it's not necessary if you are oil-free. Gently fill each mushroom with a spoon, packing in the filling with the back of the spoon. If you have any leftover filling, you can top off the mushrooms and just press it down a little with your finger to help it stay. If desired, sprinkle each mushroom with the vegan parmesan cheese or whatever you prefer. Bake for 14-20 minutes, until the mushrooms have softened a little and the topping has started to lightly brown. You may see a little bit of brown liquid around the bottom of your mushroom—that's a good thing and it probably means they're ready (mushrooms release water when they cook). Serve: Serve hot and enjoy!

Chill: Refrigerate leftover mushrooms for 1-2 days in an airtight container.



WALK-IN COVID VACCINE CLINIC

On Friday, November 12th, Holy Angels Church (12 Jutland Road, Etobicoke) will be hosting a Walk-in Covid Vaccine Clinic from 9:00am to 2:00pm, for ages 12 and up. No appointments necessary. Health Card or Identification required. First and second doses available.



LIVING WITH CHRIST

2021-2022 Sunday Missals have arrived and are available at the front entrance of the church, only on weekends. We ask for a donation of \$5.00.



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