St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy

Saturday (Vigil) 4:30 pm

Family Mass with Youth Choir

Sunday 9:00 am

9:00 am Cantor & Organ 11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration First Friday 8:30 am - 9:30 am

"Can you not watch an hour with me?" Matthew 26:40 Holy Rosary Monday - Saturday 7:30 am Divine Mercy Chaplet Monday - Saturday 8:30 am

Devotion to Our Lady of Perpetual Help

Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm

Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME **YOU** TO JOIN US!

782 Brown's Line, Toronto ON M8W 3W2 • **Phone:** 416-251-8282 **Fax:** 416-251-4400 **Website:** www.stambroseparish.com **E-mail:** rose@stambroseparish.com, stambrose.office@gmail.com



Mon May 24		Sat May 29	
8:00 am	Josephine Segovia-Living Intention	4:30 pm	For the Parishioners of St. Ambrose
	(Betty DeBlois)		
Wed May 26			
8:00 am	For the Lonely & Afraid		
		Sun May 30	
		9:00 am	+Luciano & Maddalena Russo
Thurs May 27			+Luigi & +Ersilia De Palma
8:00 am	Pro Populo		(Clementina Russo & Family)
Fri May 28		11:00 am	+Mary Jane Diestro
8:00 am	For the Unborn		(Tolentino Family)



The Sanctuary Lamp burns for 7 days in memory of Dorothy Stewart



Please note the parish office will be closed for Victoria Day on Monday, May 24, 2021 and will re-open on Wednesday, May 26, 2021. Have a safe holiday Monday with your family and friends.



Pentecost Sunday - May 23, 2021

The confused and fear-filled apostles were totally changed by the outpouring of the Holy Spirit as they became powerful and dynamic proclaimers of their faith in Jesus Christ. In today's Church God calls priests, religious and deacons to serve Him and to serve others especially by the inspiration of the Holy Spirit. If you feel God may be

calling you to this ministry, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email:

vocations@archtoronto.org www.vocationstoronto.ca



<u>Ideas for a Delicious Plant-Based Meal</u> Vegan Lemon, Basil & Artichoke Pasta

Ingredients

- 1 (16-ounce) package rotini pasta, prepared according to package directions
- 1 (6-ounce) jar artichoke hearts, drained and chopped
- 2 large tomatoes, cored and chopped
- ½ cup minced fresh basil
- 1/2 cup sliced Kalamata olives
- 2 tablespoons olive oil
- 1 tablespoon lemon juice
- 1/2 teaspoon dried rosemary
- 2 tablespoons nutritional yeast
- ½ teaspoon salt
- 1/4 teaspoon ground black pepper

Instructions

In a large saucepan over low heat, combine all ingredients. Stir to mix well and cook 3-4 minutes until heated through. Serve immediately.

How to Go Vegan? The Best resources for Fun and Easy Transition: https://www.kinderworld.org/how-to-go-vegan/



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based study programs, feature films, audio presentations and eBooks from the Church's foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, *FORMED* helps you reach your flock anytime, anywhere. To register please enter www.stambroseparish.formed.org or go to our website.



Pentecost Sunday May 23, 2021 Living the Gospel by putting faith into action

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