

SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD Jan 1, 2023

MASS INTENTIONS

Mon Jan 2		Sat Jan 7	
8:00 am	<i>Pro Populo</i>	4:30 pm	+Rosa Simas (Maria Korth)
			For the Living and Deceased
			Members of the Simas Family
Wed Jan 4			+Joseph Asayas (Asayas Family)
8:00 am	<i>For the Poor</i>	Sun Jan 8	
		9:00 am	+Pavel, +Stefania & +Anna
			Pavlovski (Jack & Kristina Sitarski)
			+Jan & +Teresa Sitarski (“ ”)
Thurs Jan 5			+Giovanni Colantonio (Colantonio
8:00 am	<i>In Thanksgiving – Celebrating 30th</i>		Family)
	<i>Wedding Anniversary Gloria & Bernie</i>		
	<i>Buenaventura</i>		
Fri Jan 6		11:00 am	+Aires & +Maria Viveiros
8:00 am	<i>For Unborn</i>		(Manuel & Maria Costa)
			+Emilio Alcaraz (Family)



SACRAMENT OF FIRST HOLY COMMUNION:

Dear Parents, If your child is celebrating their 1st Holy Communion in 2023 there will be a **Mandatory Meeting & Registration drop off with payment on Saturday, February 25th at 11:00am in the church.** As part of their catechism preparation children who will be receiving the Sacrament of 1st Holy Communion are required to attend mass. If your child attends Private/Public School please call the office for more information. To register please go to our website at www.stambroseparish.com click on School **Sacrament of 1st Holy Communion will be celebrated on Saturday, June 10, 2023 at 10:30am.**



TCDSB Kindergarten Registration

Wednesday, January 25, 2022 – 10 a.m. Kindergarten in the Toronto Catholic District School Board provides children with a variety of learning experiences in a caring, faith-based environment. Students develop a positive attitude about themselves and others, become more independent and responsible, develop self-regulation skills and appropriate social skills, and solve problems. TCDSB looks forward to welcoming new students for the 2023-2024 school year. Children born in 2019 are eligible to attend Junior Kindergarten in September 2023. **REGISTRATION:** SOAR.tcdsb.org
FOR MORE INFORMATION: www.tcdsb.org/kindergartenregistration



Ideas for a Delicious Plant-Based Meal **One Pan Orzo Pasta**

INGREDIENTS

1 box Barilla Orzo
1 cup cherry tomatoes
1 small white onion, diced
2 small zucchinis, sliced
2 cups cremini mushrooms, sliced
2 tbsp olive oil
2 sprigs thyme
Salt & Pepper
4 cups vegetable broth
2 handfuls of spinach
2 garlic cloves, grated
½ cup vegan parmesan cheese, grated
1 ½ cups vegan mozzarella cheese
1 handful fresh basil, chopped

INSTRUCTIONS

-Preheat oven to 400F degrees. Add tomatoes, onion, zucchini, garlic and mushrooms to a large baking dish. Drizzle olive oil over top, season with fresh thyme, salt and pepper and mix together until veggies are evenly coated. Bake in oven for 15-20 minutes.

-Remove baking dish and add in Barilla Orzo and veggie broth. Mix together and add baking dish back into the oven for 20 minutes.

-Remove baking dish and add in spinach and mix together. Add to oven for 8-10 minutes. Remove and top with vegan parmesan cheese and shredded mozzarella. Add back to the oven for 5-10 minutes until cheese is melted. Broil for 2-5 minutes until cheese is bubbly and has a bit of color.

Remove from and top with fresh basil. Enjoy!

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan?>



Mary, Mother of God - January 1, 2023

Mary treasured all that God had done for her and pondered these things in her heart. Do you treasure God and ponder what He wants from you? You may have a vocation to a life in the Church serving Christ. If God is calling you to be a priest, deacon, brother or sister contact Fr. Matt McCarthy,

Director of Vocations, Archdiocese of Toronto at 416-968-0997. **Email:**
vocations@archtoronto.org www.vocationstoronto.ca



HAPPY NEW YEAR!

May the blessing of our Lord be upon you in the New Year 2023! May God bless you and your family. *Fr Donatello Iocco*