# St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



#### MASS TIMES

Sunday Liturgy			
Saturday (Vigil)	4:30 pm		
	Family Mass	s with Youth Choir	
Sunday	9:00 am	Cantor & Organ	
	11:00 am	Choir & Organ	
Daily Mass			
Monday-Friday	8:00 am (no Mass Tuesdays)		
Devotions			

Holy Hour Eucharistic Adoration First Friday 8:30 am - 9:30 am "Can you not watch an hour with me?" Matthew 26:40 Holy Rosary Monday - Saturday 7:30 am Divine Mercy Chaplet Monday - Saturday 8:30 am Devotion to Our Lady of Perpetual Help Wednesdays 8:45 am

#### **BECOME A FRIENDLY VISITOR!**

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

#### PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries. **Office Hours:** Mon, Wed, Thurs, Fri 10 am - 3 pm Closed Tues, Sat, Sun

#### **New Parishioners**

Welcome! To register please call the office or email rose@stambroseparish.com.

#### **Mission Statement:**

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, *He is food.* 

#### - St. Ambrose

#### **SACRAMENTS**

Reconciliation Saturday: 3:45-4:15 pm (or by appointment)

#### Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

#### Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

#### Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

#### **Religious Instruction**

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

#### PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!

782 Brown's Line, Toronto ON M8W 3W2 • Phone: 416-251-8282 Fax: 416-251-4400 Website: www.stambroseparish.com E-mail: rose@stambroseparish.com, stambrose.office@gmail.com



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## THE ASSUMPTION OF THE BLESSED VIRGIN MARY August 15, 2021

MASS	
INTENTIONS	

Mon Aug 16		Sat Aug 21	
8:00 am	+Aquilina Sy (Wilson, Maris & Antonio Tan)	4:30 pm	+Waldemar Magtoto (Family)
	+Gary Garcia - Living Intention		+Sal Scolaro (Natalie Bondi)
	(Mrs Tolentino & Family)		+Cosmo Bondi ("")
Wed Aug 18			+Irene Dos Santos (Family)
8:00 am	+Aquilina Sy (Evelyn H. Tan & Family)		+Bienvenido & +Catalina DeBlois
			(Betty De Blois)
			+Aquilina Sy (Jorge & Norma See & Fam)
Thurs Aug 19			+Ascuncion & +Jose Magsalay
8:00 am	+Tony, +Nicola & +Mario Falcone	Sat Aug 22	(Lourdes)
	(Ida Falcone & Family)	9:00 am	+Antonio Pescarino
	+Aquilina Sy (Evelyn H Tan & Family)		(Maria & Family Pescarino)
Fri Aug 20			+Gerardo Rauseo (Colomba Rauseo)
8:00 am	+Fr. Eugene Bugala (Jerzy Cierpich)	11:00 am	+Angelo, +Manuel & +Gloria Garcia
	+AQUILINA SY (EVELYN H TAN & FAMILY)		(Maria Garcia & Family)
			+Maria Adelina Pascoal-Amaral
			(Husband & Children)
			+Manuel & Lurdes Costa
			(Manuel & Maria Costa)
			+Aquilina Sy (Jorge & Norma See & Fam)



## The Sanctuary Lamp burns for 7 days in memory of Stan, David & Gregory Ritchie



### WE WELCOME INTO OUR CHRISTIAN FAMILY

Gianna Jose Vieira daughter of Sam & Sara Elias Peter Gerrard Kostiuk son of Jason & Nicole Charles Parker Elliot son of Colin & Lenita Jordan George Henry Wheeler son of Bradley & Elysha



## ST. AMBROSE FORMED

**FORMED** on Demand is the revolutionary digital platform that gives you unprecedented access to video-based study programs, feature films, audio presentations and eBooks from the Church's

foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, *FORMED* helps you reach your flock anytime, anywhere. To register please enter <u>www.stambroseparish.formed.org</u> or go to our website.



## Ideas for a Delicious Plant-Based Meal Vegan Cauliflower Casserole

#### Ingredients

- 1 medium head cauliflower, about 2 pounds, cut into small florets
- 3 tomatoes, chopped
- 6 cloves garlic, chopped
- 2 tablespoons olive oil
- 1 and  $\frac{1}{2}$  teaspoon salt
- 1 teaspoon ground black pepper
- 1 teaspoon chili powder
- 1 lemon
- 1 tablespoon tomato paste or red pepper paste
- 1/2 cup hot water
- Parsley for garnish

#### Instructions

Put the cauliflower florets, tomatoes and garlic in a pot.

Drizzle olive oil over them.

Season with the spices and salt.

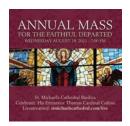
Squeeze lemon over them and put a lemon wedge into the pot

(you can just put the one you squeeze).

In a small bowl, mix tomato paste or pepper paste with hot water and pour it in the pot. Cook it covered over medium low heat until almost tender, about 15 minutes. Meanwhile, preheat oven to 375F (190C).

Transfer the cooked dish into a casserole pan and bake it for 15-20 minutes. Garnish with parsley and serve. Cooking time 50 mins. Serves 6

## How to Go Vegan? The Best resources for Fun and Easy Transition: <u>https://www.kinderworld.org/how-to-go-vegan/</u>



### Annual Mass for the Faithful Departed Wednesday, August 18, 2021 7:00 PM - 8:00 PM

Due to the protocols surrounding COVID-19, this year's Annual Mass for the Faithful Departed has unfortunately been cancelled at our seven Catholic cemeteries. His Eminence Thomas Cardinal Collins, Archbishop of Toronto, will celebrate and livestream a

special Mass in honour of our faithful departed on Wednesday, August 18, at 7 p.m. at St. Michael's Cathedral Basilica. The Mass can be viewed here: <u>www.stmichaelscathedral.com/live</u> Thank you for your ongoing support of Catholic Cemeteries & Funeral Services and for your continued prayers.



