### THE NATIVITY OF THE LORD (CHRISTMAS) Dec 25, 2022

MASS	
INTENTIO	NS

Mon Dec 26		Sat Dec 31		
8:00 am	Feast of St. Stephen	4:30 pm	No Intentions	
Wed Dec 28				
8:00 am	For the Poor	Sun Jan 1		
		9:00 am	No Intentions	
Thurs Dec 29				
8:00 am	+Duarta Lindo (Family)			
Fri Dec 30				
8:00 am	The Feast of the Holy Family of Jesus,	11:00 am	No Intentions	
	Mary and Joseph			



## **SACRAMENT OF FIRST HOLY COMMUNION:**

**Dear Parents,** If your child is celebrating their 1<sup>st</sup> Holy Communion in 2023 there will be a **Mandatory Meeting & Registration drop off with payment on Saturday, February 25<sup>th</sup> at 11:00am in the church.** As part of their catechism preparation children who will be receiving the Sacrament of 1<sup>st</sup> Holy

Communion are required to attend mass. If your child attends Private/Public School please call the office for more information. To register please go to our website at <a href="https://www.stambroseparish.com">www.stambroseparish.com</a> click on School Sacrament of 1st Holy Communion will be celebrated on Saturday, June 10, 2023 at 10:30am.



## **TCDSB Kindergarten Registration**

Wednesday, January 25, 2022 - 10 a.m. Kindergarten in the Toronto Catholic District School Board provides children with a variety of learning experiences in a caring, faith-based environment. Students develop a positive attitude

about themselves and others, become more independent and responsible, develop self-regulation skills and appropriate social skills, and solve problems. TCDSB looks forward to welcoming new students for the 2023-2024 school year. Children born in 2019 are eligible to attend Junior Kindergarten in September 2023. **REGISTRATION:** SOAR.tcdsb.org

FOR MORE INFORMATION: www.tcdsb.org/kindergartenregistration



# Ideas for a Delicious Plant-Based Meal Bucatini with Winter Pesto and Sweet Potatoes

### **INGREDIENTS**

1 large sweet potato, peeled and cubed

1 medium red onion, cut into wedges

1/3 cup + 2 tablespoons olive oil, divided

Salt and black pepper to taste

4 cups torn kale or collards

1/2 cups fresh flat-leaf parsley

2 oz grated vegan Parmesan cheese (about 1/2 cup)

1 garlic clove

2 tsp lemon zest, plus 1 1/2 tablespoons lemon juice

Bucatini pasta

Toasted pine nuts, for serving

### **INSTRUCTIONS**

- -Preheat oven to 425°F. Toss together potato, onion, and 2 tablespoons oil on a rimmed baking sheet. Season with salt and pepper. Bake, stirring once, until potato and onion are tender, 24 to 26 minutes.
- -Meanwhile, place kale and parsley in a food processor. Pulse until chopped, 4 to 5 times. add vegan Parmesan, garlic, lemon zest, and juice. Pulse, scraping down the sides as needed, until finely chopped, 10 to 12 times. With the machine running, slowly add remaining 1/3 cup oil through the feed tube. Season with salt and pepper.
- -Cook pasta according to package directions, reserving 1/4 cup pasta water before draining. toss pasta with roasted vegetables, pesto, and pasta water.
- -Serve topped with Parmesan and pine nuts.

How to Go Vegan? The Best resources for Fun and Easy Transition:

https://www.kinderworld.org/how-to-go-vegan?



Week of Prayer for Christian Unity Prayer Service

2023 Sunday, January 22, 2023 - 4 p.m. EST St. Andrew's

Presbyterian Church 73 Simcoe St. (at King St. W.) Toronto. Join

His Eminence Cardinal Thomas Collins and a wide representation of Christian leaders to pray for the restoration of full visible unity willed by Jesus Christ for the Church. This event is jointly organized by the Office for Promoting Christian Unity and the Greater Toronto Area Council of Christian Churches (GTACCC). All are welcome to attend in person.



## **MERRY CHRISTMAS!**

May the Nativity of our Lord open our hearts to his tender love and mercy, so that we may manifest his light and joy to others. On behalf of

Fr. Donatello Iocco, may you have a blessed Christmas with your family and friends.