

THIRD SUNDAY in Ordinary Time January 26, 2020

MASS INTENTIONS

Mon Jan 27		Sat Feb 1	
8:00 am	<i>For the Souls in Purgatory</i>	4:30 pm	+Ruby Franchin (Pat & Gerry Bester) +Gus Rinella (Mary Ritchie) +Florian Pokora (Family) +Rose Martin (Martin Family)
Wed Jan 29		Sun Feb 2	
8:00 am	<i>For the Sick</i>	9:00 am	+Margherita Attanasio (Family) +Luigia lamundo (Mary & Frank Bucar) <i>In honour of St. Biagio/St. Blaise</i> <i>(Associazione Famiglia Abbrossiano)</i>
Thurs Jan 30		11:00 am	
8:00 am	<i>For the Terminally ill</i>	+Tomasa & +Maximino Lambayon <i>(Fely Laegen)</i>	
Fri Jan 31			
8:00 am	<i>For the Unborn</i>		
Sat Feb 1			
8:00 am	PRO POPULO		



**The Sanctuary Lamp burns for 7 days
in honour of St. Anthony**



Do you or does a loved one experience same-sex attraction? **Courage** (Spiritual support for adults who experience same-sex attraction and who desire to develop a life of interior chastity in union with Christ) & **Encourage** (Spiritual support for family and friends of those who experience same-sex attraction; faithful to Church teaching on chastity) provide spiritual support and pastoral guidance in full accordance with authentic Catholic teaching on homosexuality and chastity. For more information, please contact 416-928-5094 to speak to either Fr. Kevin Belgrave (**Courage**) or via email at couragetoronto@yahoo.ca or Fr. Eric Rodrigues (**Encourage**) via email at encouragetoronto@yahoo.com



JOIN THE CHOIR

NEW CHOIR MEMBERS

The Sunday morning choir is looking for new members. Due to some retirements, the choir is a lot smaller and needs to build up. The choir sings at the Sunday 11:00am mass. Our Thursday evening practices are very rewarding and fun too! If you want to praise God in that special way, and give the gift of your voice to your church, come up to the choir loft and introduce yourself to Greg the Organist. Remember the saying: One Who Sings Prays Twice.



Good News! Mark your Calendars!

The Totus Tuus Summer Camp is returning to St. Ambrose, from August 9-14, 2020 for youth Grades 1-12.

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ST. AMBROSE **FORMED**

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WORLD DAY FOR CONSECRATED LIFE

The Church will celebrate the World Day for Consecrated Life on **Sunday, February 2, 2020**. Please pray for all those who have made commitments to the consecrated life and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation. All are welcome to come to a special Mass on **Sunday, February 2 at 3:00 p.m. at St. Paul's Basilica, Toronto**, to celebrate with and pray for these consecrated men and women who are such a vital and important part of the life and ministry of the Church in our archdiocese.



FAITH CORNER – THE LIVES OF THE SAINTS

SAINT JONAS THE GARDENER – *Saint Jonas lived and worked for eighty-five years as the simple and humble gardener of a small plot of fruit trees and shrubs in a monastery garden in Egypt. Although he grew and gathered fruits, including dates, figs and grapes, he gave all of these to the monks and other guests. Never did he consume such rich foods himself. He existed on the most meager of diets-consuming only raw herbs and vinegar, and vowed that never would he consume the flesh of animals. As time passed, an abundantly fruitful fig tree grew in the middle of the monastery garden. The young boys within the monastery often climbed the tree to partake of its fruits. When the senior monk came by to inspect the monastery, he felt that the tree was a source of gluttony and that it had become a temptation leading the youth astray from an ascetic life. So he asked Jonas to cut it down. Jonas felt greatly saddened to do so and did not follow his superior's orders. Within a few days, however, he found the tree withered and lifeless. By the time, Jonas recognized that he had been given a holy message of the destruction that would follow one's living a life of excess and abundance. He learned that when one is led astray so as to no longer appreciate a life of simplicity and austerity, one will have lost more spiritually than one can ever gain materially. Jonas was a peaceful, humble monk, who wanted nothing from the world but to serve others, to live in austerity, and to live a life of non-violence and peace. Pg. 43 **Mystics, Ascetics & Monks By: Dr. Holly Roberts***