

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass
Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions
Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



THIRD SUNDAY OF EASTER April 18, 2021



<i>Mon Apr 19</i>		<i>Sat Apr 24</i>	
<i>8:00 am</i>	For The Poor	<i>4:30 pm</i>	+Alba Rizzuti (Family)
			+Paul O'Connor (O'Connor Family)
			+Nes Jaroda (Betty DeBlois & Family)
<i>Wed April 21</i>			
<i>8:00 am</i>	For The Lonely & Afraid		
<i>Thurs Apr 22</i>		<i>Sun Apr 25</i>	
<i>8:00 am</i>	Vincent & Ralph Moreno	<i>9:00 am</i>	+Eufemia & +Gennaro Fantetti
	Living Intention (Betty DeBlois)		(Maria Caronchia)
<i>Fri Apr 23</i>		<i>11:00 am</i>	
<i>8:00 am</i>	For the Unborn		+Paul O'Connor (O'Connor Family)
			+Angelo Garcia (Maria Garcia)
			+Manuel & +Cizaltina Pereira
			(Maria Garcia)



The Sanctuary Lamp burns for 7 days in memory of Alba & Ricciotto Rizzuti



Third Sunday of Easter - April 18, 2021

What could convince someone to turn to God? The story that God became human? The story that Jesus cured the sick? The story that Jesus forgave sin? The story that Jesus rose from the dead? Or, perhaps, the story of the witness of your own life! If you have the continuing inclination that God is calling you to be a priest, religious or deacon, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email vocations@archtoronto.org www.vocationstoronto.ca**



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foremost presenters. Whether fallen away or deeply engaged, at the parish or on the go, **FORMED** helps you reach your flock anytime, anywhere. To register please enter www.stambroseparish.formed.org or go to our website.

THIRD SUNDAY OF EASTER April 18, 2021



Ideas for a Delicious Plant-Based Meal Vegan Sloppy Joes

Ingredients

1–2 tbsp extra virgin olive oil
1/8 tsp cayenne powder (optional)
2 cloves of garlic, chopped
1/4 onion, chopped
1/2 red bell pepper, chopped
1/2 green bell pepper, chopped
15 oz canned or cooked lentils (400g) or Veggie Ground Round meatless (Yves)
1 1/2 cup tomato sauce (250g)
2 tbsp soy sauce or tamari
2 tbsp tomato paste
1 tbsp brown sugar
2 tsp garlic powder
2 tsp onion powder
1 tsp sweet paprika
1/8 tsp ground black pepper
6 whole-wheat hamburger buns (optional), gluten-free if needed

Instructions

Heat the oil in a pan and add the veggies and the cayenne powder. Cook over medium-high heat until golden brown, stirring occasionally. Add more oil or a little bit of water if needed.
Add all the remaining ingredients, stir, and cook for about 10 minutes or until the sauce thickens.
Serve the filling over the buns and add your favorite veggies (I added some red cabbage, carrot, fresh chili peppers, and avocado slices).
Keep the leftover filling in an airtight container in the fridge for 3-5 days or in the freezer for up to 3 months. Serves 6.

How to Go Vegan? The Best resources for Fun and Easy Transition:
<https://www.kinderworld.org/how-to-go-vegan/>



TO ALL PARISHIONERS:

Please note public masses has resumed with a capacity of 15% (55 people inside the church including Fr. Donatello and volunteers.) However, **Fr. Donatello will still Live Stream on Saturdays at 4:30pm on Youtube. Subscribe to St. Ambrose Toronto channel.** For more information and the link to the YouTube channel please visit our website at stambroseparish.com



CONGRATULATIONS TO ALL THE CONFIRMANDI WHO RECEIVED THEIR SACRAMENT OF CONFIRMATION ON SATURDAY, APRIL 10, 2021. MAY THE INSPIRATION OF THE HOLY SPIRIT GUIDE YOU THROUGHOUT YOUR LIVES! FR. DONATELLO IOCCO



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